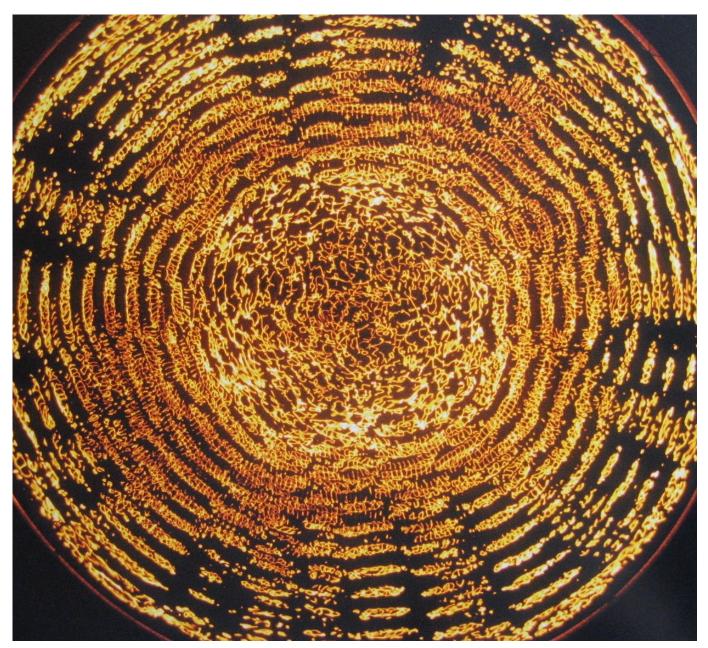
# SCHOOL FOR SINGING & SINGING-THERAPY



RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY ON THE BASIS OF THE SCHOOL FOR UNCOVERING THE VOICE

1st English Language Training Course in Germany 2018 - 2021

# RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY ON THE BASIS OF THE SCHOOL OF UNCOVERING THE VOICE

Valborg Werbeck Svärdström established The School of Uncovering the Voice in collaboration with Rudolf Steiner. In January 1924 he authorized it as an "Anthroposophic Singing School", because the approach they developed fosters the growth of the human voice in its wholeness of physical, soul and spiritual aspects. So it supports the holistic integration of the human being.

At the Raphael School for Singing and Singing Therapy, methods will be taught and abilities gained that will enable the student to learn how the singing voice can become a therapeutic tool and how singing can serve as an anthroposophic therapeutic modality, that addresses the development of all aspects of the human being as described by Rudolf Steiner.

## Course dates are:

Module 1: March 16 - 24, 2018

Module 2: June 30 - July 12, 2018

Module 3 April 5 - 13, 2019

Module 4 July 6 – 18, 2019

Module 5 March 27 – April 4, 2020

Module 6 July 18 – 30, 2020

Module 7 March 26 – April 3, 2021

Module 8 July 24 – August 4, 2021



These courses are being offered under the name 'The Raphael School for Therapeutic Singing'. The curriculum has been recognized and approved by the Medical Section at the Goetheanum. This 2018-2021 course is being offered for English-speaking students (first or second language) who already have experience in developing their own voice with the approach given in 'The School of Uncovering the Voice'.

This first English speaking Course will take place from March 16 to 24, 2018 at Kulturhof Sültemühle, 49626 Bippen, Germany

#### RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY

#### Duration and structure of the course:

- This training is a four-year part-time professional education course in Therapeutic Singing.
- Each study year comprises a course in two annual sessions: 8 days in March /April and 12 days in June /July.
- The course will be held in Germany, at the Kulturhof Sültemühle, 49626 Bippen, Germany.
- In total the course will have the equivalent of 700 (45-minute) lessons. Regular individual practice and study between modules is necessary to deepen the experience.
- Regional peer group-work will help to complete and deepen the study-process.
- In addition, during the third and fourth year, an internship will take place.
- Participants of the Training Course for Therapeutic singing and the Course Director will sign a study-contract, outlining their mutual responsibilities in relation to presentation and participation.

#### Course contents and aims:

In the Raphael School the effects of sound, breathing, creation of tone and the influence of musical elements on the singing human being will be studied in theory and practice. These experiences will be deepened by medical lectures given by experienced Anthroposophic doctors and brought into practical connection with the therapeutic work.

From the start, students will learn therapeutic exercises and their practical application.

In addition to the phenomenological work, studies and lectures in the group during every part of the 4-year course there will also be individual or small group lessons to assess and discuss each student's progress.

The spiritual study of the singing human being as described in the book, 'The School of Uncovering the Voice' by Valborg Werbeck-Svärdström will be practically worked through: studied practically, learned and deepened. Research results of other singing methods will also be considered. Choir singing and choral improvisation will build a repertoire for later group teaching and also to help develop the social fabric of the student community. Elements of movement (Eurythmy and Bothmer Gymnastics) will be studied and practised.

# Anthroposophy:

The Raphael School has its roots in Anthroposophy. Students will read and study Rudolf Steiner's perspectives on the evolution of humanity and image of the human being, medicine, pedagogy, the arts and, particularly, the art of singing as a key to health.

# Medical Studies, Anatomy, Physiology:

The mainstream medical approach to anatomy, physiology and pathology will be enhanced through anthroposophical medical studies presented by Anthroposophic doctors.

# Working with the Lyre:

Because of the ability to tune the lyre easily to 432 Hz, as well as because of the free etheric tone and portability of the lyre, students are expected to learn to play the lyre between sessions to support their work as singing therapists. Referrals to Lyre Teachers will be suggested. Any additional cost of renting or purchasing a lyre and of group or individual lyre lessons will be covered by the student.







#### RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY

Stefanie Aurig, singer, singing therapist and music therapist since 1992, is initiator of the 1st English Language Training Course in Germany where she will teach voice development, phenomenology, therapeutic methodology, and development of perception. She has been co-teaching in the German training courses for Singing Therapy since 2010, and since 2013 in the South American Course in Brazil, where she will also start a new course in September 2017.





**Pernille Ritsch**, singer, singing- and music therapist, will teach in the fields of artistic development of singing as well as in therapeutic phenomenology and methodology. Pernille was teaching in the training course in Chile.

Thomas Adam, founder of the "Raphael School for Singing and Singing therapy", singer, singing therapist and pedagogue, will teach voice development based on the "School of uncovering the voice", phenomenology for Therapeutic Singing, methodology, development of perception.





**Solco Aurig**, musician, music therapist and teacher will work on musical phenomena, such as tones, scales, intervals, rhythm used in therapeutic processes.

Other Co-Workers:

*Dr. Bruno Callegaro*: anatomy, physiology, anthroposophic study of man.

*Dr. Erich Skala*: anatomy, physiology, anthroposophic study of man.

N. N. for Eurythmie

### RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY

# - Requirements for participants:

- To be at least 23 years of age
- To have a willingness and interest to study Anthroposophy
- To have a basic experience with `The School of Uncovering the Voice'
- To have basic knowledge of Music-Theory

#### and

- To have had a training in a medical profession and have related experience

#### or

- To have had a training as a singer or instrumentalist

#### or

 have a pedagogical or socialpedagogical training and professional experience. Venue: a beautiful, quiet place in the north of Germany, in fields and forest: Kulturhof Sültemühle, Sültemühle 1, 49626 Bippen, Germany www.kulturhof-sueltemuehle.de

Costs: € 1990.- per year,

March 2018: € 800.- Summer 2018: € 1190,(not including accommodation and meals.)

Accommodation in rooms for 2 to 3 people
and meals in the Kulturhof: € 45,- per day.

Application: send to Stefanie Aurig email: info@ich-klang.de

Deadline: January 10, 2018

Accessibility: The closest international airport is Amsterdam Schiphol Airport. Another possibility is to go to Düsseldorf or Frankfurt. From there you can take a train to Osnabrück. We will organize a pick-up from the station.

for more information see: www.kulturhof-sueltemuehle.de



