## **IPMT 2016 REGISTRATION FORM**

Knox College, Wahroonga, Sydney NSW Australia AUSTRALIA Sunday 10<sup>th</sup> July — Sunday 17<sup>th</sup> July

| Na    | Name   |   | Profession/Degree  |   |       |  |  |  |  |  |  |
|-------|--|---|--|---|-------|--|--|--|--|--|--|
| Ad    | dress  |   |  |   | Email |  |  |  |  |  |  |
|       |  |   | Phone  | dame.                                       |       |  |  |  |  |  |  |
| Cit   | у  | State   |  |   |       |  |  |  |  |  |  |
| pa    | rticipants; please check l   | nere to give us permission. I   | nd email in the attendees cor<br>□<br>?                            |   |       |  |  |  |  |  |  |
| -11 } |  | •   |  |   |       |  |  |  |  |  |  |
|       | <b>Course Participation</b> : All licensed health professionals and students in medical/therapeutic fields are welcome. See the brochure and programme for more details.                 |   |  |   |       |  |  |  |  |  |  |
|       | Venue: Knox College, Senior Secondary Academy, Wahroonga Sydney  |   |  |   |       |  |  |  |  |  |  |
| Ple   | ase choose your two work   | shops streams for the week b  | y ticking the box in front of the                                  | workshop number.                            |       |  |  |  |  |  |  |
| Wo    | orkshop I: 🛘 1 (Dr Huber   | ) 🗖 2 (Lisa Devine/Dr Lakshi  | mi) 🗆 3 (Christiana Link) 🗖 4                                      | (Michael Kokinos)                           |       |  |  |  |  |  |  |
| Wo    | orkshop II: 🗖 1 (Dr Huber  | ) 🗆 2 (Lisa Devine) 🗖 3 (Ch   | ristiana Link) 🏻 4 (Dr Lakshm                                      | i) 🗆 5(Michael Kokinos)                     |       |  |  |  |  |  |  |
|       | Ride Sharing: Please inclu   | II: □ 1 (Dr Huber) □ 2 (Lisa Devine) □ 3 (Christiana Link) □ 4 (Dr Lakshmi) □ 5 (Michael Kokinos)  haring: Please include me in a late June email list for shared ground transport. Email Mary your details for the list. |  |   |       |  |  |  |  |  |  |
|       |  | We will be fed by the College's catering department.<br>Ick your food choice. You must stick to your request for the duration of the conference   |  |   |       |  |  |  |  |  |  |
|       | ☐ Regular  | ☐ Vegetarian  | ☐ Gluten Free  |   |       |  |  |  |  |  |  |
|       | PARTICIPANT  | TWIN room with shared bathroom  | Single room with ensuite (Limited)                                 | LATE REG<br>starting<br>Wednesday, 1st June |       |  |  |  |  |  |  |
| C     | urrent AAMA members  | AUD1200*  | AUD1400*   | + AUD200                                    |       |  |  |  |  |  |  |
|       | Non-members  | AUD1300   | AUD1500  | + AUD200                                    |       |  |  |  |  |  |  |
|       | NZ registrants   | NZD1200   | NZD1300  | +NZD200                                     |       |  |  |  |  |  |  |
| St    | udents* & low income#  | ats* & low income# Apply for scholarships – see below   |  |   |       |  |  |  |  |  |  |
|       |  |   | als (Dinner: Sunday-Saturday, Br<br>accommodation & breakfast is c |   |       |  |  |  |  |  |  |
|       | Australia Direct Debit into: NAB BSB: 082289 Account Number: 783034759 Account Name: AAMA IPMT (this is the conferences preferred payment option-please state NAME and IPMT on transfer) |   |  |   |       |  |  |  |  |  |  |
|       | NZ Direct Debit into: 1  | pirect Debit into: 12-3144-0001479-02 (please state NAME and IPMT on transfer)  |  |   |       |  |  |  |  |  |  |
|       | Payment by cheque (Al  | JD only): Please make all ch  | eques payable to: AAMA   | 1   |       |  |  |  |  |  |  |

## Registration

Please send the first page of registration by mail, fax or email to: Mary Green <a href="ipmt2016@weledatrust.org.nz">ipmt2016@weledatrust.org.nz</a> or PO Box 28190, Havelock North, New Zealand 4157; or fax +64 (0)6 872-8743 Your registration will be confirmed by email (only) upon receipt of payment.

**Location:** Fly to Sydney airport. Take the airport train to Central Station change and catch the train (T1 North Shore, Northern and Western). Knox Senior Secondary Academy is a 3 minute walk from the Warrawee Station. The journey will take approximately 1 hour.

Accommodation: There are a limited number of single rooms with ensuites available at a small surcharge (see registration form). They will be allocated on a first come first served basis. The other rooms are twin shares. If you have someone you would like to share with, please let the registrar know. All rooms include linen and a bath towel. If you want to be accommodated at the conference, you MUST book by July 2.

Staying offsite? - Please organise yourself: The price will be AUD 300 less and does not include breakfast.

This specific training in medical/therapeutic work includes reflective practice that can be intense or even overwhelming for some people. It could also aggravate certain predisposition to illnesses. We would like to make you aware that you may want to access professional support during or following the IPMT.

Cancellation Policy: Participants cancellation requests must be received in writing (emailed and received, or postmarked) before June 17, 2016 for a full refund, less a \$100 cancellation fee. Cancellation requests received after June 17 will not be eligible for a refund, but another person may be substituted, for a \$50 administration fee. Telephone cancellations cannot be honoured. Email cancellations will be promptly acknowledged by return email; until then you cannot assume they have been received.

Scholarships: There will be a limited number of reduced fee places available. <u>Please apply early</u>. Include in your email your need, reason for attending, and professional status to:

New Zealand medical students contact Weleda Charitable Trust: <a href="mailto:mgreen@weledatrust.org.nz">mgreen@weledatrust.org.nz</a>

New Zealand health practitioners contact <a href="mailto:simon.bednarek@gmail.com">simon.bednarek@gmail.com</a>

AAMA members contact contact <a href="mailto:simon.bednarek@gmail.com">simon.bednarek@gmail.com</a>

The Ileen MacPherson Trust also offers grants to support those using the training to support their anthroposophically oriented work in Australia. Grants may be applied for online at: <a href="https://www.surveycentre.org/index.php?sid=72737">www.surveycentre.org/index.php?sid=72737</a> Deadline for applications is Sunday May 1, 2016.

Programme and faculty subject to change, every effort is made to insure content stays the same, though is numbers deviate from anticipation workshops will decrease or increase.

The IPMT training week is supported by the Australian Anthroposophic Medicine Association (AAMA). For information about their work see <a href="http://www.aamaanthro.com">http://www.aamaanthro.com</a>

Thank you and we look forward to seeing you on Sunday July 10, 2016.

<sup>\*</sup>Fulltime of accredited and recognised health courses; (numbers are limited please apply early)

<sup>#</sup> Not in fulltime work, retired or low income (numbers are limited please apply early)

## IPMT 2016 July 10-17 Sydney Australia

| Sunday<br>10.7.2016  | Monday<br>11.7.2016   | Tuesday<br>12.7.2016        | Wednesday<br>13.7.2016                            | Thursday<br>14.7.2016    | Friday<br>15.7.2016        | Saturday<br>16.7.2016 | Sunday<br>17.7.2016 |  |  |  |
|--|---|-----------------------------|---|--------------------------|----------------------------|-----------------------|---------------------|--|--|--|
|  |   |                             |   | 15 – 9.00                |                            |                       |                     |  |  |  |
|  | Eurythmy exercises to enliven self-experience and therapeutic intuition Christiana Link   |                             |   |                          |                            |                       |                     |  |  |  |
|  |   |                             |   |                          |                            |                       |                     |  |  |  |
|  | Introduction to Small Group Work Michaela Glöckler  |                             |   |                          |                            |                       |                     |  |  |  |
|  | Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human Constitution:                                    |                             |   |                          |                            |                       |                     |  |  |  |
|  | Exercises on Human Physiognomy Studies  |                             |   |                          |                            |                       |                     |  |  |  |
|  | 10.30 – 11.00 BREAK   |                             |   |                          |                            |                       |                     |  |  |  |
|  | 11.00 – 12.15   |                             |   |                          |                            |                       |                     |  |  |  |
|  | Text study and Thinking exercises in Small Groups working with Fundamentals of Therapy chapter 5:   |                             |   |                          |                            |                       |                     |  |  |  |
|  | Plant, Animal and the Human Being (Steiner/Wegman)  |                             |   |                          |                            |                       |                     |  |  |  |
|  | Irmhild Kleinhenz, Lakshmi Prasanna, Michael Kokinos, Lisa Devine, Donald Palmer, Narelle Savage and Simon Bednarek   |                             |   |                          |                            |                       |                     |  |  |  |
|  | 12.15-14.15 MIDDAY BREAK  |                             |   |                          |                            |                       |                     |  |  |  |
|  | 14.15 -15.45 Anthroposophic Medicine in Practice I (choose one stream for the week):  |                             |   |                          |                            |                       |                     |  |  |  |
|  | Gastroenterology: Clinical Picture and Principles of Therapy for Heartburn, Gastritis, Dyspepsia, Irritable Bowel Syndrome, Ulcerative  |                             |   |                          |                            |                       |                     |  |  |  |
|  | Colitis, Crohns and other Chronic Liver Disease Assoc Prof Dr Roman Huber (Doctors, Naturopaths/Homeopaths, Nurses and prescribers)   |                             |   |                          |                            |                       |                     |  |  |  |
|  | Autism Spectrum Disorders and Adolescent Problems Lisa Devine& Dr Lakshmi Prasanna  |                             |   |                          |                            |                       |                     |  |  |  |
| IPMT Registration from   |   |                             |   |                          |                            |                       |                     |  |  |  |
| 15.00  | Anthroposophic Body Therapies Michael Kokinos   |                             |   |                          |                            |                       |                     |  |  |  |
|  | B R E A K 15.45 – 16.15   |                             |   |                          |                            |                       |                     |  |  |  |
| 17.00  | 16.15 – 17.45 Anthroposophic Medicine in Practice II (choose one stream for the week):  |                             |   |                          |                            |                       |                     |  |  |  |
| Welcome and  | Clinical Sessions – Clinical Picture and Principles of Therapy for Osteoarthritis, Rheumatoid Arthritis, Fibromyalgia and Thyroiditis   |                             |   |                          |                            |                       |                     |  |  |  |
| Introduction to theme  | (Open workshop) Assoc Prof Dr Roman Huber   |                             |   |                          |                            |                       |                     |  |  |  |
| and working modus of   | Advanced Anthroposophic Psychotherapy (For Psychotherapist, Counsellors and Doctors) Lisa Devine  |                             |   |                          |                            |                       |                     |  |  |  |
| IPMT Registration  | Therapeutic Eurythmy (For Therapeutic Eurythmists and Doctors with a background in TE) Christiana Link  |                             |   |                          |                            |                       |                     |  |  |  |
|  | Anthroposophic Body Therapies Michael Kokinos   |                             |   |                          |                            |                       |                     |  |  |  |
|  | Healing through Education Dr Lakshmi Prasanna   |                             |   |                          |                            |                       |                     |  |  |  |
| Dinner   |   | 17.45 – 19.00 EVENING BREAK |   |                          |                            |                       |                     |  |  |  |
| 18.00  |   |                             | 10.00 10.20.2                                     | tanand Davidson Col. 1   |                            |                       |                     |  |  |  |
| What is Anthroposophic 19.00 – 19.30 Singing and Review of the day  Medicine in Clinical 19.30 – 21.00 |   |                             |   |                          |                            |                       |                     |  |  |  |
| Practice?  |   |                             |   |                          |                            |                       |                     |  |  |  |
| Assoc Prof Dr Roman  | Understanding "the healer within", the spiritual salutogenic resource of the higher self.  The spiritual law of reincarnation and karma and its relevance for illness and health. |                             |   |                          |                            |                       |                     |  |  |  |
| Huber  |   | rrie spiritual              | aw of reincarnation and i<br>Dr Michaela Glöd     |                          | niness and nearth.         |                       |                     |  |  |  |
| Language to be use   | d: English  | For further info            | 77-320 - 550-00-00-00-00-00-00-00-00-00-00-00-00- | simon.bednarek@gmail.com | Registrations: inmt2016@wg | ladatrust org na      |                     |  |  |  |