



Adam Blanning MD is a family physician from Denver, Colorado USA. After completing his residency in family medicine, he went on to teach at New York Medical College and the University of Colorado School of Medicine.

Dr Blanning also works as an educational and developmental consultant for area Waldorf Schools and has lectured on anthroposophic medicine and child development throughout the U.S. and Canada. He is the vice president of the Association for Anthroposophic Medicine and Therapies in America (AAMTA), sits on the board of the Physicians Association for Anthroposophic Medicine and teaches in its training courses. Adam co-ordinates the Physicians Association for Anthroposophic Medicine (PAAM) in North America along with its accredited training program for physicians and prescribers. Adam teaches as part of his PAAM activities and is currently involved with the second year of his webinar series **Working Constitutionally with Children.**

For more information on PAAM's many activities and educational opportunities see <https://paam.wildapricot.org>



The Hohepa School is situated in a beautiful bio-dynamic farm in the Poraiti hills just outside of Napier. It is part of a residential community for special needs children and young adults. The children walk to school from their group houses sited on the boundaries of the farm. The school's chef will cater for our weekend .

Hohepa School is located at 21 Fryer Road, Poraiti, a 10 minute drive from the Hawkes Bay Airport. There are numerous accommodation options in the area as well as many choices on Air BnB. Billets may also be available. Contact the registrar for details..

For more information and to register email  
[mgreen@weledatrust.org.nz](mailto:mgreen@weledatrust.org.nz)  
or [anthromednz@gmail.com](mailto:anthromednz@gmail.com)  
Fax: +64 (0)6 872-8743  
Payment to the Medical Section account at ASB  
Account number: 12-3144-0001479-02  
**Make sure to put your name in the reference**  
Or post your details to  
Weleda Charitable Trust  
PO Box 28190, Havelock North 4157

## The Question of Boundary

With

**Dr Adam Blanning**

February 23– 25 2018

The Hohepa School

Poraiti, Napier

New Zealand

Medical Section in New Zealand  
Anthroposophic Medical and  
Therapy Seminar

## The Question of Boundary

### The Seminar

Chronic inflammatory and auto immune diseases have become widespread throughout modern society. Related illnesses such as gastro intestinal disorders - where normal digestive function becomes increasingly sensitive to different food groups or succumbs to an overgrowth of yeast or pathologic bacterial strains - are also increasingly common.

Looking at these symptoms through the lens of anthroposophic medicine one can see the foundations for these immunological and digestive illnesses relate to the challenge of recognising what is 'self' and what is not.

During the seminar we will work together to develop a conceptual framework for broadly considering illnesses of "boundary". Along with this new understanding, we hope to gain insight into similar phenomena occurring on the psychological, behavioral, or sensory level as seen in autism, anxiety, and other developmental disorders.

The seminar timetable includes lectures, discussions, artistic and therapeutic workshops.

We will use the pathway of the seven life processes as our foundation for developing appropriate therapeutic approaches.

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Suggested reading on the Seven Life Processes:

A Living Physiology by Dr Karl König

### The Workshops

The afternoon workshop offers time for active investigation of the seminar theme though artistic or therapeutic exploration. Some workshops are limited as to numbers of participants. Apply early to assure a place in your workshop choice.

- 1. Exploring the manifold nature of boundary and process through sculpture:**  
Lut Hermans
- 2. Investigating the movement from self to world and centre to periphery through multiple mediums in art.** Jean McGavock
- 3. Supporting our patients using anthroposophic medicines and therapy**  
Nic Parkes, Irmhild Kleinhenz et al
- 4. Boundaries, what boundaries? Investigating the connections of body and soul through sensory exploration** Tina Friedlander RN and Michelle Vette RN
- 5. Move It! Finding the character of boundary and life process through eurythmy** TBC

### Timetable

#### Friday February 23

6-7 pm Registration

7:30 Opening talk- Dr Blanning

#### Saturday February 24

9am Keynote Lecture- Dr Blanning

10:30 Morning Tea

11:00 Directed Discussion-Dr deMonchy

12:30 Lunch

1:30 Workshop (choose one for weekend)

3:30 Afternoon Tea

4:00 Questions arising and workshop sharing

5:30 Supper Break

7:30 Evening talk— Dr Blanning

#### Sunday February 25

9—3:30 See above

3:30 Final conversation together and close

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Early bird fee with payment before Jan 26 \$190, normal registration \$240. The conference fee includes morning teas, afternoon tea, and lunches. The supper break allows enough time to explore local restaurants in Taradale or further afield. There is a wide variety of choice from café to winery, Thai to Italian.