



*The idea of reincarnation
is a postulate of love.
Anyone who really wishes to help
will not become tired out
in as quickly as
one lifetime.*
Michael Bauer

Newsletter for the co-workers of the anthroposophic medical movement Michaelmas 2011



Collaboration and exchange – snapshots from the 2011 annual conference. Pictures from l to r: 1 and 2 Group work on the morning theme, 3 Friedrich Glasl in the foyer of the Foundation Stone Hall, 4 Andreas Jäschke and Paul Mackay on the executive floor, 5. Speech choir in the Great Hall.

Dear friends

The 2011 annual conference of the anthroposophic medical movement, with its three-year preparatory period, lies behind us. For many of the more than 750 participants from 40 countries it exceeded expectations – never before have we received such consistently positive feedback and would like to say a very warm thank you. The discussion groups following the morning lectures were experienced as a particular pleasure. They were devoted to the schooling path in the social sphere. For example, organisational development and conflict management are an integral part of every-day life in anthroposophical clinics. In view of that, our questions were:

- How can such professional support “from outside” be supplemented by a strong impulse “from inside” in the form of self-management and self-training?
- How can each individual person contribute on their own initiative to a social climate which not only helps to deal with every-day matters in a better way but in itself has a therapeutic effect?
- How do the respective forms of working become permeable for qualities of spiritual leadership and lead the way towards spiritual community building with a healing focus.

Thus the whole of the Goetheanum – including corridors, stairwells and the executive floor – was filled with discussion groups, mostly arranged by native language, which, with these three questions in mind, concentrated on the developmental motifs reproduced below:

*“... whereas the point is to take everyone as they are and to turn what they are into the very best...” (Rudolf Steiner *Wie kann die seelische Not der Gegenwart überwunden werden?*, GA 168, p. 101).*

“May God give me the equanimity to accept those things I cannot change; the courage to change those things I can; and the wisdom to distinguish the one from the other.” Ascribed to the Swabian pastor and Rosicrucian Friedrich Christoph Oettinger – in fact goes back to the Protestant theologian Reinhold Niebuhr and the year 1943).

The idea of reincarnation is a postulate of love. Anyone who really wishes to help will not become tired out in as quickly as one lifetime. (Michael Bauer, teacher, esoteric pupil of Rudolf Steiner, friend of the Morgensterns).

“But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.” (John 14:26). How can we give our relationship with the healing and holy spirit a concrete individual and social form?

The content of the lectures from the Ita Wegman Klinik and Weleda, both celebrating their anniversaries, was outstanding. Friedrich Glasl impressively summarised the quintessential content of his life’s work as a consultant in conflict management and organisational development. Peter Selg integrated an incisive and necessary critique of Helmut Zander’s representation of anthroposophic medicine in his fundamental lecture on the inner relationship between anthroposophical spiritual science and medicine.

The afternoon lectures and forums – with the exception of the lecture on 18 September 2011 – were recorded and are available for anyone interested as an audio CD (in German), see attachment. Because of its intimate character, the lecture of 18 September 2011 will be made available in written form on request from michaela.gloeckler@medsektion-goetheanum.ch. The results of the discussion groups will be published in the course of the coming weeks on our website because there was a unanimous desire to continue working on the theme of social self-training – also as part of the 2012 annual conference which has as its theme anthroposophic psychiatry, psychotherapy and psychosomatics. It will be held from 13–16 September 2012.

News

Ita Wegman out-patient branch in Basel

At the end of September 2011, the Ita Wegman Clinic opened an out-patient branch in the Markthalle Basel.

Email: ambulatorium-basel@wegmanklinik.ch;
www.wegman.ch

Anthromed® Pharmacy

The newly established pharmacy quality network GAPID-QV is authorised to award the Anthromed®Pharmacy quality label. The prerequisite is compliance with quality criteria which, for example, guarantee competent advice regarding

Young Physicians' Forum set up

The Coordination of Students has developed on to become the Young Physicians' Forum. Representation in IKAM, undertaken by Natascha Neisecke in the past two years, will be continued by Anna Sophia Riekert. A joint transitional period of one year is envisaged.

www.jungmedizinerforum.org/index.php?id=72

International Federation of Anthroposophic Arts and Eurythmy Therapies / IFAAET

A federation under public law of two professional groups – eurythmy therapists and art therapists – was established in Dornach on 12 September 2011. In this way one legal entity was created for two independently working groupings.

Eurythmy therapy documentation research meeting in Herdecke on 24 September 2011

Univ. Prof. Dr. Arndt Büssing is coordinating the first joint eurythmy therapy research meeting. Its aim is to discuss specialist issues in this open body of experts which in the long term will be supported by a eurythmy therapy database. This will make studies, publications, etc. available centrally for the research group.

Email: ajaschke@forumHE-medsektion.net
www.forumhe-medsektion.net

Establishment of a Working Group for Anthroposophy and Acupuncture

Acupuncture and anthroposophy for postgraduates: experts have been teaching the theory and practice of classic acupuncture as an instrument of anthroposophic medicine for 29 years with the aim of translating the eastern image of the human being into a contemporary western one and combining ancient wisdom with the European healing impulse. Registration for participation: info@ifumaastricht.com

Mistletoe therapy in Germany

There is currently a ruling from the Federal Social Court which restricts the eligibility for reimbursement of mistletoe. With immediate effect, anthroposophic mistletoe preparations can no longer be prescribed under statutory health

insurance except for palliative therapy without risk, i.e. for incurable tumorous diseases (particularly if they are inoperable or metastasised).

www.anthroposophischeaerzte.de/index.php?id=556

Karl König Institute registered on 20 September 2011 in the register of associations

Karl König Institut für Kunst, Wissenschaft und soziales Leben, gemeinnütziger e.V. www.karl-koenig-institute.net

Rudolf Steiner Verlag moves to Basel

www.steinerverlag.com; verlag@steinerverlag.com;
www.futurumverlag.com; info@futurumverlag.com;

anthrosana – management change

Herbert Holliger, chief executive of the anthrosana patient association, is seeking a successor to take over in spring 2012.

www.anthrosana.ch

Flat rate per case from 2012 also in Switzerland

Switzerland intends to introduce a diagnosis-related groups (DRG) system in 2012 which will be much more radical than in other countries. A petition against this move is being set up.

www.drg-moratorium.ch/de

Dates

7–8 October 2011: European Congress of Integrative Medicine (ECIM) Berlin www.ecim-congress.org

7 October 2011: Alanus University; symposium on the new Bachelor course in art therapy/social art
www.alanus.edu

7–14 October 2011: IPMT training week for anthroposophic medicine in Cuba
www.medsektion-goetheanum.org/veranstaltungen

17–22 October 2011: Medical working group at the Goetheanum
www.medsektion-goetheanum.org/veranstaltungen

27–30 October 2011: Working conference on therapeutic creative speech
www.medsektion-goetheanum.org/veranstaltungen

29 October – 2 November 2011: International conference for school and kindergarten physicians
www.medsektion-goetheanum.org/veranstaltungen

Advance notice

8–9 March 2012

International congress for anthroposophic medical research in Berlin / Havelhöhe Hospital and Charité
www.medsektion-goetheanum.org

Warm greetings from *Michaela Glöckler*
and *Heike Sommer* / news and layout
Dornach, 29 September 2011