

Please register by 15 February 2012

The registration form and detailed programme will be available on the Internet from November 2011:

[www.havelhoehe.de](http://www.havelhoehe.de)

[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

**Registration and information:**

Ursula Bruckmann

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**Congress fee:**

The fee for attending the “Current state of research” congress on 8-9 March 2012 is €60.00

Attendance at the event “Anthroposophic medicine in scientific discourse” on 10 March 2012 at Langenbeck-Virchow Haus is free of charge.

**Accommodation:**

We can, on request, help with the search for accommodation.

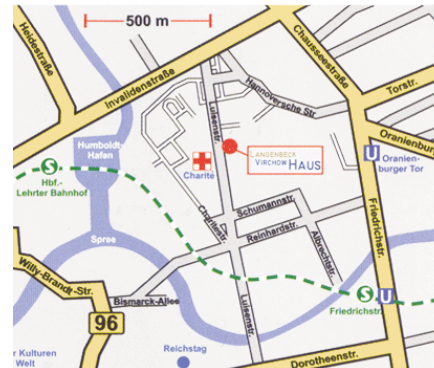
**Travel information for Gemeinschaftskrankenhaus Havelhöhe**



**By air**  
From Tegel airport: take bus 109 to Zoologischer Garten; change to bus X34 (direction Kladow Hottengrund). The bus stops at Krankenhaus Havelhöhe.  
From Schönefeld airport: take the regional express railway to Zoologischer Garten station; change to bus X34.

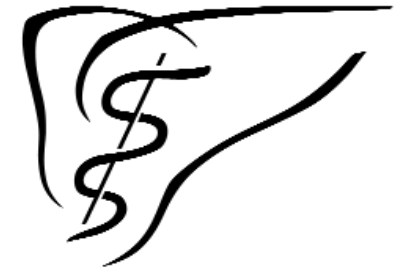
**By rail**  
From the central railway station take the S-Bahn rapid transit system to Spandau station; change to bus 134 (direction Hottengrund).

**Travel information for Langenbeck-Virchow Haus**



**By air**  
From Tegel airport: take bus TXL to Karlplatz.  
From Schönefeld airport: take the underground (U-Bahn) to Friedrichstraße; change to bus 147 (direction Leopoldplatz) as far as the stop Charité-Campus Mitte.

**By rail**  
From the central railway station take bus 147 towards Puschkinallee as far as the stop Luisenstraße/Charité.



**3rd Scientific Congress of Anthroposophic Medicine**

**8 and 9 March 2012**

**Current state of research**

Gemeinschaftskrankenhaus Havelhöhe

Kladower Damm 221

14089 Berlin

and

**10 March 2012**

**Anthroposophic medicine  
in scientific discourse**

Langenbeck- Virchow-Haus

Luisenstr. 58/59

10177 Berlin

Organiser:

Research Council of the Medical Section  
at the Goetheanum / Switzerland

**Havelhöhe**

8.-9. März 2012, 9.00-21.30

**Current state of research**

**Conference location:** GK Havelhöhe,  
Kladower Damm 221,  
14089 Berlin

**1. BASIC RESEARCH**

- a) Mistletoe research
- b) Medicinal products research
- c) Salutogenesis research
- d) Rhythm research
- e) Epistemological research

**2. CLINICAL RESEARCH**

- a. Qualitative research
  - i. Studies using narrative and hermeneutical methodology
  - ii. Studies using phenomenological methodology
  - iii. Studies using goetheanistic methodology
- b. Cognition based medicine
  - i. Single case analyses (TCR)
  - ii. Cohort analyses
  - iii. CBM methodology
- c. Health services research
  - i. Pharmacovigilance/ medicinal products safety
  - ii. Epidemiological studies
  - iii. Outcome studies/pragmatic trials
  - iv. Cost effectiveness studies/ benefit assessment
- d. Intervention studies
  - i. RCTs
  - ii. Comparative cohort studies

**3. Verification of anthroposophic medicine research approach:**

- a. Presentation of conventional research results (by other researchers) which verify the research results of spiritual science

10. März 2011, 9.00-16.00

**Anthroposophic medicine in scientific discourse**

An integrative approach and its evidence

**Conference location:** Langenbeck-Virchow-Haus,  
Luisenstr. 58/59, 10177 Berlin

With this event, anthroposophic medicine would like to enter into scientific discourse with respected experts and representatives from conventional medicine, and in doing so debate the current state and the research results of the last ten years. The aim of the event is to reflect critically on anthroposophic medicine and its integrative systemic approach.

**Panel of experts:**

Prof. Dr. V. Diehl, Prof. Dr. M. Fischer, Prof. Dr. E. Hahn,  
Prof. Dr. A. Michalsen

**Panel from anthroposophic medicine:**

Dr. F. Edelhäuser, Dr. M. Glöckler, Prof. Dr. P. Heusser, Dr.  
H. Kiene, Dr. G. Kienle, PD Dr. H. Matthes

**Moderation**

Prof. Dr. P. Matthiessen

**Programme, 10 March 2012, Langenbeck-Virchow Haus**

- 9:00 Welcome  
M. Glöckler / A. Michalsen
- 9:15 Current state of academic research  
in anthroposophic medicine  
H. Kiene
- 9:50 Anthroposophic medicine as individualised medicine  
P. Heusser
- 10:20 Discussion/panel discussion  
E. Hahn
- 10:50 Coffee break
- 11:15 The concept of the organism using the example  
of mistletoe therapy in oncology  
G. Kienle
- 11:45 Discussion/panel discussion  
V. Diehl
- 12:15 The systemic therapeutic approach of  
anthroposophic medicine using the example of  
health services research  
H. Matthes
- 12:45 Discussion/panel discussion  
A. Michalsen
- 13:15 Lunch break
- 14:15 Student- and patient-oriented medical training in  
integrative and anthroposophic medicine  
F. Edelhäuser
- 14:45 Discussion/panel discussion  
M. Fischer
- 15:15 Plenary debate  
P. Matthiessen
- 15:45 Summary/outlook  
M. Glöckler
- 16:00 End of the event; followed by press conference

After each introductory presentation there will be an extensive discussion between the two panels.

## Scientific Congress, 8-10 March 2012, Berlin

Dear Friends,

The Medical Section together with the Research Council intends to hold the 3rd Scientific Congress for Anthroposophic Medicine from 8-10 March 2012 in Berlin.

On **8 and 9 March 2012** an internal congress will be held at the Gemeinschaftskrankenhaus Havelhöhe for everyone working and interested in anthroposophic medicine. This congress is intended to give all research groups working in AM the opportunity to present their research results. In contrast to classic scientific congresses, the aim here is not so much merely to present the data but rather to set out the path and methodology as well as transparently show the underlying strategies. Contributions should therefore particularly focus on presenting the aims of the study, the methodology used and the reasoning behind it, as well as discussion of the methodological pitfalls which arose and future research plans. Conceived as an internal congress of anthroposophic medicine, the 8-9 March 2012 is about an exchange of experiences, the discussion of concepts, enhanced cooperation and future networking.

In addition, the further academisation of anthroposophic medicine is to be discussed on the two evenings in the context of updating the so-called Masterplan for the Software AG Foundation. Topics for discussion are appointments to endowed professorships at universities, the most important scientific issues of the future and the adequacy of scientific methods, as well as stronger networking in anthroposophic academic research and teaching.

There will be survey lectures on the main themes of the programme (see Annex 1) in the plenary sessions. Numerous parallel scientific forums will present and debate in small groups the subjects set out in the programme as subsidiary items.

In order to be able to ensure the good organisation of the congress, we would ask that you inform us by **25 November 2011** whether you wish to be involved in the congress with a survey lecture in a plenary session, a lecture in one of the scientific forums or a poster. We further request that you indicate up to three further subjects from the enclosed programme on which you would like to work in scientific forums. Please use the registration form for this purpose which is enclosed with this letter as Annex 2.

We would also like to invite all those attending the congress to the public panel discussion between scientists from anthroposophic and conventional medicine on the following **Saturday, 10 March 2012** in Langenbeck-Virchow Haus (programme enclosed).

Kind regards

Dr. Michale Glöckler   Dr. H. Kiene   Prof. Dr. Matthiessen   Dr. H. Matthes

Medical Section

Executive Board of the Research Council

## **Internal international research conference on 8 and 9 March 2012**

### **Main themes:**

#### **1. Basic research**

- a) Mistletoe research
- b) Medicinal products research (excluding mistletoe)
- c) Salutogenesis research
- d) Rhythm research

#### **2. Clinical research**

- a. Qualitative research
  - i. Studies using narrative und hermeneutical methodology
  - ii. Studies using phenomenological methodology
  - iii. Studies using goetheanistic methodology
- b. Cognition based evidence
  - i. Single case analyses (TCR)
  - ii. Cohort analyses
  - iii. CBM methodology
- c. Health services research
  - i. Pharmacovigilance/medicinal product safety
  - ii. Epidemiological studies
  - iii. Outcome studies / pragmatic trials
  - iv. Cost effectiveness studies / benefit assessment
- d. Intervention studies
  - i. RCTs
  - ii. Comparative cohort studies

#### **3. Verification of AM research approach**

- a. Presentation of conventional research results (by other researchers) which verify the research results of spiritual science.

**Registration form for speakers and participants at the  
3rd Scientific Congress on  
8 and 9 March 2012 at the Gemeinschaftskrankenhaus Havelhöhe**

Dear friends,

Please use this form to register a lecture/poster and on page 2 of this form tick further subjects which you would like to work on in scientific forums. Return the completed questionnaire by post or fax to Ursula Bruckmann, Gemeinschaftskrankenhaus Havelhöhe, Kladower Damm 221, 14089 Berlin, Germany. Fax +49-30-36501455 or send the completed Word file by email to [ubruckmann@havelhoehe.de](mailto:ubruckmann@havelhoehe.de).

**1. Registration of lecture or poster**

- Survey lecture in plenary session
- Lecture in a scientific forum
- Poster

**Title of my lecture/poster:**

**My contribution belongs to the subject category:**

**Category 1: Basic research**

- a) Mistletoe research
- b) Medicinal products research
- c) Salutogenesis research
- d) Rhythm research
- e) Epistemological research

**Category 2: Clinical research**

- a) Qualitative research
  - I Studies using narrative and hermeneutical methodology
  - ii) Studies using phenomenological methodology
  - iii) Studies using goetheanistic methodology
- b) Cognition based medicine
  - i) Single case analyses (TCR)
  - ii) Cohort analyses
  - iii) CBM methodology
- c) Health services research
  - i) Pharmacovigilance/medicinal products safety
  - ii) Epidemiological studies
  - iii) Outcome studies/pragmatic trials
  - iv) Cost effectiveness studies/benefit assessment
- d) Intervention studies
  - i) RCTs
  - ii) Comparative cohort studies

**Category 3: Verification of anthroposophic medicine research approach:**

Presentation of conventional research results (by other researchers) which verify the research results of spiritual science.

**I wish to present the following data/results with presentation of the methodology, difficulties which arose, the next steps and research planning:**

**2. Registration for participation in the scientific forums** (maximum of three subjects):

**Basic research**

- a) Mistletoe research
- b) Medicinal products research
- c) Salutogenesis research
- d) Rhythm research
- e) Epistemological research

**Clinical research**

- a) Qualitative research
  - i) Studies using narrative and hermeneutical methodology
  - ii) Studies using phenomenological methodology
  - iii) Studies using goetheanistic methodology
- b) Cognition based medicine
  - i) Single case analyses (TCR)
  - ii) Cohort analyses
  - iii) CBM methodology
- c) Health services research
  - i) Pharmacovigilance/medicinal products safety
  - ii) Epidemiological studies
  - iii) Outcome studies/pragmatic trials
  - iv) Cost effectiveness studies/benefit assessment
- d) Intervention studies
  - i) RCTs
  - ii) Comparative cohort studies

**Verification of anthroposophic medicine research approach:**

- Presentation of conventional research results (by other researchers) which verify the research results of spiritual science.

**Other suggestions for/additions to congress:**

**My contact information:**

**Name:**

**Email address:**

**Institution:**

**Telephone number:**