



**Newsletter  
for the co-workers of the anthroposophic medical movement  
October 2011**

*Review of the day:  
With regard to an experience:  
Have I sufficiently learnt its lessons?  
With regard to an action:  
Could I do it better?  
Without regrets.  
Simply with the intent of learning from life.  
Going backwards, in reverse order.  
From evening to morning.  
Rudolf Steiner  
GA 264 p.161 / Exercise*



*Pictures from l to r: 1, 2 Goetheanum Einszueins exhibition – a walk-through sculpture, 3 Walter Kugler, Peter Sloterdijk, Mateo Kries, 4 Book jacket for Rahel Uhlenhoff (ed.) Anthroposophie in Geschichte und Gegenwart (Anthroposophy past and present), 5 Founding executive council of the Anthroposophical Society in India, 20 October 2011, 6 Blackthorn in front of the Medical Section in Dornach.*

**Dear friends**

The "Goetheanum eins zu eins" (Goetheanum one-to-one) exhibition is currently on show at the Goetheanum. It is linked with the exhibition at the Vitra Design Museum in Weil am Rhein which is showing the "Rudolf Steiner – die Alchemie des Alltags" (Rudolf Steiner – the alchemy of every-day things) collection for the first time in its own premises after the exhibition's tour of Germany. It is easy for visitors to get from there to Dornach where they can experience the Goetheanum carefully presented as a work of architecture. Almost all the small exhibitions, pictures and displayed sculptures have been put in storage for a good six months so that it is possible for once unhurriedly to observe the architecture of this building as such. It is worth remarking that it was artists and the museum directors in Wolfsburg, Weil am Rhein and Stuttgart – Markus Brüderlin, Mateo Kries supported by Ulrike Groos – who in his anniversary year accorded Rudolf Steiner a great deal of respect and recognition in the public awareness regarding his significance also and particularly with regard to the twenty-first century.

See most recently: [www.welt.de/print/die\\_welt/kultur/article13679318/Ein-Stecker-fuer-die-hoeheren-Energien.html](http://www.welt.de/print/die_welt/kultur/article13679318/Ein-Stecker-fuer-die-hoeheren-Energien.html) and [www.badische-zeitung.de/ausstellungen/ein-fixpunkt-der-architektur--50602959.html](http://www.badische-zeitung.de/ausstellungen/ein-fixpunkt-der-architektur--50602959.html).

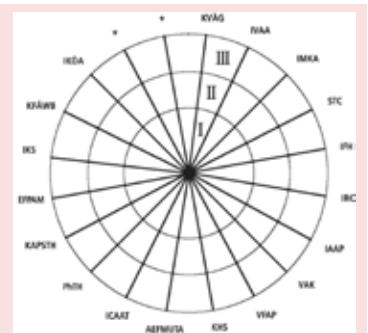
In dialogue with Walter Kugler and Mateo Kries during the "Alchemie des Alltags" exhibition, "Germany's star philosopher" Peter Sloterdijk – whose book "Du musst dein Leben ändern" (You must change your life) makes clear to its readers that things will not go well in life without rigorous practice and learning – expressed himself in such a strikingly positive and engaged manner that it is worth reading:

[www.badische-zeitung.de/kultur-sonstige/ein-engel-der-versucht-mensch-zu-sein--50647248.html](http://www.badische-zeitung.de/kultur-sonstige/ein-engel-der-versucht-mensch-zu-sein--50647248.html). He found words to honour Rudolf Steiner which characterise him as an all-round "Lebensreformer" (lifestyle reformer), a philosopher who opened up the "vertical dimension" again and extended his antennas before antennas had been invented, as a brilliant person whose presence is evident everywhere in our culture even if no one refers to him by name, etc.

It made me aware once again how important it is that the Goetheanum should always remain true to its goal as the house of the "alchemy of every-day things", as the place at which the impulse of inner schooling as a "path of initiation through life" had its starting point. Our annual conference also contributed to that goal. But it also represents a contribution to this goal if we consciously handle the way in which we are socially constituted and the forms of our work – based as they are on the impulse underlying the foundation of the Goetheanum as a school. As questions always keep recurring in this respect, there is once again the particularly warm request to all co-workers of the anthroposophic medical movement to work on this particularly actively and to carry in our awareness the organogram, which has been many years in development, as the spiritual location of integration and collaboration:

**Key for organogram of the Medical Section:**

*KVÄG/Conference of Councils of Anthroposophic Medical Associations, IVAA/International Federation of Anthroposophic Medical Associations, IMKA/International Medical Coordination of Anthroposophic Medicines, STC/Steering Committee/Legal Issues, IFH/International Forum / Network Eurythmy Therapy, IRC/International Research Council, IAAP/International Association of Anthroposophic Pharmacists, VAK/ Association of Anthroposophic Clinics, VFAP/International Forum for Anthroposophic Nursing, KHS/Council for Curative Education and Social Therapy, AEFMUTA/European Association of Manufacturers of Medicines used in Anthroposophic Therapy, ICAAT/International Coordination Group Anthroposophic Art Therapy, PhTH/Physiotherapy and Physical Therapies, KAPSTH/International Coordination Psychotherapy, EFPAM/Patient Organizations and European Patients' Federation for Anthroposophic Medicine, IKS/International Coordination Student Work, IKÄW/International Coordination Further Medical Training, IKÖA/International Coordination Public Relations*



The diagram shown above shows the organogram of the Medical Section as an overall picture. The circular area represents the common spiritual ground of the anthroposophical medical work. Each coordination field corresponds to one segment of this work and has an individual representative as well as associated collegia. The circles and the Roman numerals mark the spheres of influence of cultural life (I), law and political life (II) and economic life (III). The more our international working community grows closer in developing an awareness of one another, the more effective the way will become in which we keep our eye on the whole in our daily life. Hence also the great request to you once more to read the booklet [http://medsektion-goetheanum.org/EYED2/files/file/pdf\\_EN/The%20Anthroposophic%20Medical%20Movement,%20Responsibility%20structures.pdf](http://medsektion-goetheanum.org/EYED2/files/file/pdf_EN/The%20Anthroposophic%20Medical%20Movement,%20Responsibility%20structures.pdf) and, as relevant, to comment on and add to the process of worldwide conscious community building right down into the administrative forms, and to strengthen it through positive thoughts and ideas which open up new perspectives. I am certain that the appropriate finance for the administration of this medical working community will then also come about increasingly naturally.

**With the next annual conference in 2012 in mind**, the doctors among us are requested to illustrate the importance and action of organ preparations in psychosomatic medicine and psychiatry. To this end we require reports from many different kinds of practice – gladly in combination with the Vademecum reports. Of interest, in particular, are experiences in connection with Rudolf Steiner's remarks that the organ preparations help to reincarnate the irregularly metamorphosed etheric forces which are partly responsible for psychotic states. In any event, there will be a central working group on this issue at the annual conference. At this time already we express our warm thanks to the core preparatory group consisting of Wolfgang Rissmann, Ad and Henriette Deckers and Michael Quetz.

### News

On the way to establishing the legal protection of the medicinal products, the following were registered as THMP – traditional herbal medicinal products with indications – in Sweden:  
Arnica ointment 10% (late 2009)  
Calendula ointment 10% (2011)  
Calendula essence (2011)

New publications  
Rahel Uhlenhoff (ed.)  
Anthroposophie in Geschichte und Gegenwart  
Berliner Wissenschafts-Verlag  
[www.bwv-verlag.de](http://www.bwv-verlag.de)

Hilmar Dahlem, Renate Hölzer-Hasselberg,  
Dr. med. Christian Schopper,  
Solveig Steinmann-Lindner  
Burnout – mit der Krise wachsen  
Salumed Verlag  
[www.salumed-verlag.de](http://www.salumed-verlag.de)

Dr. med. Matthias Girke  
Grundlagen und therapeutische Konzepte der  
Anthroposophischen Medizin. 2nd edition  
Salumed Verlag [www.salumed-verlag.de](http://www.salumed-verlag.de)  
English translation in preparation

Dr. med. Jörg Klasen  
Autoimmun-Erkrankungen  
Trias Verlag [www.medizinverlage.de](http://www.medizinverlage.de)

Johannes Wirz  
Gentechnik in der Medizin  
Verlag Gesundheit aktiv  
[www.gesundheit-aktiv.de](http://www.gesundheit-aktiv.de)

Tanja Baumgartner, Stephan Baumgartner, Peter Heusser  
Eurythmische Bildekraftfelder  
Ätherisch-energetische Wirkung auf Lebewesen  
Unternehmen Eurythmie  
[www.eurythmie-info.de/Auftakt.htm](http://www.eurythmie-info.de/Auftakt.htm)

### Dates

9 November 2011 Medical conference at the Halde  
10-13 November 2001 Medical conference at the Rudolf Steiner Halde  
19-26 November 2011 IPMT Chennai/India  
25 November – 2 December 2011 IPMT Lima / Peru  
[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

5- 8 January 2012 14th International study days for anthroposophical art therapy  
[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

8-15 January 2012 IPMT / Santiago de Chile  
[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

4-5 February 2012 Congress on integrative oncology in breast cancer for physicians and patients  
[www.brustkrebs-integrativ.de](http://www.brustkrebs-integrativ.de)

11-12 February 2012 Eurythmy therapy advanced training for physicians and eurythmy therapists: "Immunology – with special consideration of tumorous diseases" / Dornach  
Email: [b.v.roeder@gmx.ch](mailto:b.v.roeder@gmx.ch)

8-9 March 2012  
International congress for anthroposophic medical research in Berlin / Havelhöhe Hospital and Charité  
[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

16-18 March 3.2012. 10th School eurythmy therapy conference in Munich: Overcoming and recreating opposites, polarities in child development  
[www.bvhe.de](http://www.bvhe.de)

*With warm greetings and best wishes for your work*  
*Michaela Glöckler*  
*and Heike Sommer / news and layout*  
*Dornach, 31 October 2011*