



*Within my being's depths there speaks,
Intent on revelation,
The cosmic Word mysteriously:
Imbue your labour's aims
With my bright spirit light
To sacrifice yourself through me.
Rudolf Steiner
Calendar of the Soul
Week 36*

Newsletter
for the co-workers of the anthroposophic medical movement
Advent 2011



Pictures from l to r: 1., 2. Inaugural lecture of Dr. med. Harald Matthes in the lecture theatre of the Berlin Charité hospital, 3. Founding members of the IAAB/International Association for Anthroposophical Bodyworkers, 4. 90 years of clinic impulse – exhibition in the Trotte Museum, Arlesheim.

Dear friends,

How do we become an international research community?

This question is just as important as the question about the identity of a therapeutically effective community which concerned us particularly in 2011 and will continue to concern us. There will be two parts to the 3rd Scientific Congress of Anthroposophic Medicine/AM in Berlin from 8-10 March www.medsektion-goetheanum.org/EYED2/files/file/pdf/Wissenschaftskongress_deutsch_neu.pdf which has already been announced. On 8 and 9 March 2012 there will be a meeting in the hall of the Gemeinschaftskrankenhaus Havelhöhe for all those who are interested or working in AM research with the question: where does AM research stand today? How do we develop research communities? What are the issues connected with the "academisation of AM"? Is it sufficient that we undertake research which is "recognised" by the scientific community? Or is it not just as much our task to make our own research methods academically acceptable, such as e.g. the development of "cognition based medicine"/CBM by Helmut Kiene www.ifaemm.de/G2_cog.htm? A project is currently being planned which aims to make the CMB approach capable of being taught and handled in practice and to make the fundamental book on CBM available also internationally in the languages important from our perspective. On 10 March the public scientific discourse will then take place in the Charité's Langenbeck Virchow House. Everyone who is interested in this is particularly warmly invited to Berlin! But also everyone who wants to be involved in reviewing the position of our research so far and how it has been communicated. There have been many positive developments and much work with regard to current study designs – but how many of us have taken sufficient note of these things? How can we be more involved in the future in the research being undertaken, inform ourselves about it, make presentations available which can be generally understood so that we can communicate the results from the various specialist areas of anthroposophic medicine easily and everywhere where there is an interest? The chapter "Anthroposophische Medizin und ihr integratives Paradigma" (Anthroposophic medicine and its integrative paradigm) in: *Anthroposophie in Geschichte und Gegenwart* (Anthroposophy past and present), edited by Rahel Uhlenhoff, is recommended as preparatory reading www.bwv-verlag.de/shop/bwv/index.php?page=detail&match=LISA_NR2=1930. It was written by Matthias Girke, Harald Matthes and Michaela Glöckler and reflects the current state of AM research. It was a response to Helmut Zander's defamatory remarks which called into question the independence of Steiner's research and his establishment of a new integrative and spiritual system of medicine. Because that is precisely the point: which paths can we tread, which procedures can we work out to introduce the reality of the spirit, the "paradigm of the spirit", into medical discourse as a serious subject? In what form can there be integrative medicine in which the spiritual can be shown to exist not just in every-day practice but also academically? We would be very pleased if many of those who are interested in these issues came to Berlin to join in the debate and also brought along with them interested friends from the non-anthroposophical medical scene.

In preparation for the 2012 annual conference, a lecture manuscript by Bernard Lievegoed from 1965 has been attached in which he looks forward to the twenty-first century. Friedrich Edelhäuser drew my attention to it when I asked him about his ideas for the work in small groups during the next annual conference which will focus on anthroposophic psychiatry, psychosomatic medicine and psychotherapy.

This question is directed at all co-workers in the AM movement, so let the suggestion by Friedrich Edelhäuser be the first of many. Although Lievegoed's book *Towards the 21st century* is no longer available except from second-hand bookshops, it should be possible to borrow a copy from branch libraries or older anthroposophists. It forms a wonderful basis

for working on the mental health not just of the individual but also of therapeutic communities and, indeed, society as a whole. Anyone with suggestions as to how we – as a community as a whole – can contribute to the form of the annual conference through the work in small groups and can thereby develop as a worldwide working community, should please write to the preparatory group.

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News

On 16 November, PD Dr. med. Harald Matthes, GK Havelhöhe, gave his inaugural lecture on the subject of "Integrative concepts in chronic inflammatory bowel disease" and successfully obtained his habilitation (see photo on p. 1).

As one of the 500 KTQ-certified German hospitals, the Gemeinschaftskrankenhaus in Berlin-Havelhöhe received an award for its innovative decentralised management concept of "responsibility groups"!

www.havelhoehe.de

On occasion of the ninetieth anniversary of the Ita Wegman Clinic, an exhibition about its founder and her work is on show at the Trotte Museum in Arlesheim until 27 November (see photo on p. 1).

www.arlesheim.ch

The Argentinean Medical Association has now gone online with its redesigned website.

www.aama.com.ar

The International Association for Anthroposophical Bodyworkers was established on 16 September 2011.

www.medsektion-goetheanum.org

gesundheit aktiv is moving to Berlin-Kreuzberg on 1 February 2012. There will be a shop and small space for events alongside the office and publisher.

www.gesundheit-aktiv.de

The "Hague Circle – International Forum for Waldorf/Steiner Schools" was established on 12 November 2011 in Dornach as a registered association under Swiss law. The international responsibility group has thereby given itself an independent legal form.

www.waldorfschule.info/de/waldorfschule-bund/internationale-zusammenarbeit/der-haager-kreis.html

The European Court of Justice in Luxembourg has banned patents on embryonic stem cells, i.e. each fertilised egg cell must be considered as an embryo and must therefore be protected.

www.heute.de/ZDFheute/inhalt/29/0,3672,8358749,00.html

New publications

Erik W. Baars: *Evidence-based curative health promotion. A systems biology-orientated treatment of seasonal allergic rhinitis with Citrus/Cydonia comp.* Univ. Wageningen 2011

Brigitte Ausfeld-Hafter, Peter Heusser (Hrsg.): *Erkenntnisgrenzen in Medizin und Wissenschaft – sind sie überwindbar?* Peter Lang Verlag, Bern 2011

www.peterlang.com

Robert Gorter, Erik Peper: *Fighting Cancer. A Nontoxic Approach to Treatment.* North Atlantic Books, California 2011

Sibylle Rudolph. *Zur Geschichte der Eurythmie. Rudolf Steiner und die Architektur der frühen Unterrichtsräume.* KONTEXT Kunst – Vermittlung – Kulturelle Bildung, Band 8 www.tectum-verlag.de

Monika Hermann. *Sprache gestaltet die Welt.* Selbstverlag, 2011 www.monika.herrmann.de

The lectures from the 2011 annual conference are now available as audio CDs for ordering online www.avrecord.de/AVRecord/katalog/kongresse.php?shorty=AMD11

Dates

4 January 2012 School of Spiritual Science meeting for anthroposophical art therapists

5–8 January 2012 14th International study days for anthroposophical art therapy

8–15 January 2012 IPMT / Santiago de Chile www.medsektion-goetheanum.org

4–5 February 2012 Congress on integrative oncology in breast cancer for physicians and patients www.brustkrebs-integrativ.de

11–12 February 2012 Advanced eurythmy therapy training for physicians and eurythmy therapists: "Immunology – with special consideration of tumour diseases" / Dornach E-Mail: b.v.roeder@gmx.ch

8–9 March 2012

3rd Scientific Congress of Anthroposophic Medicine GK Havelhöhe and Charité, Berlin www.medsektion-goetheanum.org

15–18 March 2012 Colloque Médical, Medical Colloquium of Weleda France www.medsektion-goetheanum.org

16–18 March 2012. 10th School eurythmy therapy conference in Munich: Overcoming and recreating opposites and polarities in child development www.bvhe.de

27–29 April 2012 Nursing congress Injury and healing www.medsektion-goetheanum.org

With best wishes for Advent *Michaela Glöckler* and *Heike Sommer* / news and layout Dornach, Advent 2011