

A NEW APPROACH TO MEDICAL PRACTICE

Our conference offers a pathway of development for health professionals seeking new insights and wider directions for their professional orientation and to meet patient needs. The sessions are experiential, incorporating sessions on phenomenologically based plant observation, finding remedies, external treatments, building diagnostic pictures, movement and meditation as an introduction to the orientation of Anthroposophic Medicine (AM).

AM is an integrative system that adds a psychical and spiritual dimension to contemporary medical practice. It assimilates conventional medicine, homeopathy, phytotherapy as well as anthroposophically formulated medicinal substances and therapies. Originating in the 1920's through the working together of Dr. Ita Wegman and Rudolf Steiner PhD; AM acknowledges the ancient understanding that health is a system of balance and that disease is found where the organism has lost its equilibrium and entered a state of transition. AM is structured around an emerging salutogenic approach with its emphasis on the sources of self-healing and resilience in times of stress, rather than the present pathogenic paradigm so pervasive in medical thinking.

Anthroposophic medicine is practiced by a growing body of health professionals around the world seeking to broaden their clinical skills and build coherence between their inner experience of the human being and the current western medical model. Essential to this approach is a methodology that develops the observational and contemplative skills of the individual practitioner in search of the processes working within health and illness as a manifestation of spiritual activity.

Participation in this training week is available only to those health professionals who have either qualified in a registered field of practice, or are on a specific path of training. For medical doctors this course serves as part of the pathway to certification as an Anthroposophic Physician.

International Postgraduate Medical Training In Anthroposophic Medicine

*April 5-11
St. Francis Retreat Centre
Auckland, New Zealand
Exploring The Etheric*

IPMT 2012

For more information:

AUSTRALIA

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Registrations

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For more information see:

<http://www.medsektion-goetheanum.org/en/training/medicine/ipmt-en>

Location

The St. Francis Retreat Centre is situated within three hectares of park like grounds twenty minutes from Auckland International Airport. Brothers and priests following in the footsteps of St. Francis of Assisi run the Centre as a mission. The Centre's tranquil setting with its gardens and aviary provide an ideal backdrop for the conference and offer many opportunities for the observational studies integral to the conference.



Accommodation at the Centre is single room and bathroom facilities are shared. Rooms are limited so early registration is advised.



The Centre will provide our catering. All meals are served in the communal dining room. Special diets are welcome, please see your registration form for further details.



Sponsors

Weleda Charitable Trust
New Zealand Medical Section
Australian Anthroposophic Medical Association
Ileen McPherson Trust
Weleda New Zealand

Our Faculty



Alicia Landman-Reiner MD directs training in the USA for physicians interested in working in anthroposophic medicine. She has practiced AM primary care for over 20 years, teaches internationally and is a Waldorf school doctor.



Heike Houben BA, MA worked for many years as a therapeutic eurythmist with cancer patients at Havelhöhe Hospital in Berlin as well as directing a group eurythmy therapy practice. She has a special interest in eurythmy therapy for developmental difficulties.



Mark McKibben R PH is the pharmacist founder director of Uriel Pharmacy in the USA. Uriel is a manufacturing pharmacy working with plants from their own biodynamic gardens to produce quality medicines in small batches. Mark worked for many years as a pharmacist at Weleda and WALA in Europe.



David Ritchie MBCHB, FRNZCGP is a general practitioner from Helios Integrative Medical Centre, Christchurch. David has a special interest in child health and in how learning behavior and health can be understood as one picture. He has had a long relationship with AM and lectures internationally.



Roger Leitch BSc MBCHB FRNZCGP is a GP at the Raphael Medical Centre in Auckland. He has extensive experience through his practice as well as clinical settings in Europe. He is active mentoring new doctors and has a keen interest in developing relationships with allied medical professionals.



Simon Bednarek MBBS FRNZCGP FRACGP is the GP coordinator of the anthroposophic doctors in New Zealand for the Medical Section at the Goetheanum. He is currently on sabbatical in Australia as well as teaching on aspects of anthroposophic medicine in Europe.



Tessa Therkleon RN MN PhD ANS is an anthroposophic nurse specialist having recently completed her doctorate with research relating to the use of ginger compresses and osteoarthritis. She is the founder of Rato Health Natural Nursing Therapies Clinic in Wellington.

Timetable

Thursday 5th April 2012	
5 pm	Registration and Welcome
6 pm	Dinner
7-8.30 pm	Founding of the Anthroposophic Medical Movement
Friday 6th –Tuesday 10th 2012	
Breakfast	
8.30-9.15	Eurythmy
9.30-10.30	Medicinal Plant Observation Schooling of sense perception
10.30-11.00	Morning Break
11.00-12.15	Text Study and small group work
12.15-13.45	Lunch
13.45-15.15	Plant Remedies
15.15-15.45	Afternoon Break
15.45-17.30	Anthroposophic Medicine in Practice/Clinical Groups
17.30-19.00	Dinner
19.00-19.30	Review of the Day
19.30-20.45	Meditation and Inner Development
Wednesday 11th April 2012	
Breakfast	
8.30-9.15	Eurythmy
9.30-12.00	Review, Planning, Closing and Distribution of Conference Certificates
Note: Programme and Faculty subject to change.	