



Therefore spiritual science should not  
just add to our stock of theories  
but it should imbue us with something  
which makes us capable of assimilating  
with different sensations and feelings  
that which comes to meet us in the world,  
and which we are ourselves  
*Rudolf Steiner*  
GA 152,118

In the beginning was the thought,  
And the thought is something infinite,  
And the life of the thought is the light of the I.  
May the illuminated thought fill the darkness of my I,  
So that the darkness of my I take hold of it,  
The living thought,  
And live and weave in its divine beginning.  
*Rudolf Steiner*  
*Der Christus-Impuls im Zeitenwesen*  
*und sein Walten im Menschen*  
GA 152, 114

**Newsletter  
for the co-workers of the anthroposophic medical movement  
Michaelmas / Advent 2012**



*Photos, left to right: 1,2, Annual conference of the anthroposophic medical movement at the Goetheanum 2012; 3 Conference on the perspectives of the anthroposophic medical movement; 4 Establishment of the Anthroposophic Psychotherapy international umbrella organisation; 5 IPMT / Cuba.*

**Dear co-workers of the anthroposophic medical movement**

The time from Michaelmas to Advent passed in a flash. It began with the annual conference which presented the impulses and perspectives of the work of anthroposophic psychotherapy, psychiatry and psychosomatics in the great hall of the Goetheanum full to bursting. In more than 60 working groups it offered co-workers from almost 50 countries the opportunity to exchange their experiences. The lectures and forums are available on audio CD from [www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org) under the "Aktuelles" heading. Our warmest thanks are due to everyone who contributed to this successful outcome, and in particular to Wolfgang Rissmann who was responsible for the overall coordination!

But we also take this opportunity to ask for the submission of requests and ideas as well as offers for working groups for next year's annual conference on the subject of anthroposophic cardiology – *by no later than 20 December 2012*. Christoph Kaufmann from the working group of anthroposophic cardiologists has taken on the coordination of the preparations.

The annual conference was followed on 19 September by the conference on the perspectives of the Medical Section. The first conference of this type took place in 2000. It was the starting point which led to the further development of the collegium, which had been formed within the Section, to become the International Coordination of Anthroposophic Medicine / IKAM. The decision to prepare literature on the individual fields of medicine and to coordinate book projects – as happened, for example, with regard to the Vademecum project and anthroposophic medicinal therapy for physicians and pharmacists – was taken at that conference, as was the decision to promote public relations work through the preparation of the blue papers in collaboration with Anette Bopp. The necessity of making inner schooling the core concern of our movement was also clear to us. That was given a possible form in 2004 when the mantras of the young physicians' course were oriented towards the weekdays and brought into a concrete relationship with the various professional medical groups, something that is still being maintained. It was further planned to coordinate the various research projects in a better way and to approach the Software AG foundation with a joint academisation project, something that led to the successful collaboration with the foundation which is still ongoing. Over 90 proactive co-workers in the anthroposophic medical movement from 15 countries met at the 2012 conference on future perspectives. The subjects were: ethics, public relations work, training (medical and interdisciplinary), the TOPICS projects for the digital presentation of anthroposophic medicine – particularly also in the international English-speaking world, research and the further academisation of anthroposophic medicine, disease patterns in the third world, ELIANT and civil society activities, professional ethics and international health policy /IVAA.

The annual report will contain a more detailed report on the conference. But we are happy to send the detailed notes to anyone who wishes to read them and work at his or her location in the spirit of these perspectives.

The decision was taken at the international conference of the councils of anthroposophic medical associations from 20-22 September to develop jointly the research design for single case-study documentation (Cognition Based Medicine / CBM) prepared by Helmut Kiene and Gunver Kienle and thereby to ensure that it can in future be practiced in all countries where there are medical associations. There will be an internal CBM retreat for councils in 2013.

The Michaelmas meeting of the School of Spiritual Science took place at the end of September with over 650 participants from 33 countries. Its theme was the joint preparations for the hundredth anniversary of the laying of the first Goetheanum's foundation stone. We are happy to send the reports prepared in the working groups, outlining the motifs and work results, to anyone who wishes to read them. The foundation stone document as described by Rudolf Grosse will be available for download from next week.

Particularly intensive work took place this year at the conference of school physicians with its integrated advanced training and thematic day, prepared together with the professional association of speech therapists and support teachers, on the dreamy child with lack of concentration. In this context we refer to the very informative report in *Medizinisch-Pädagogische Konferenz*. [www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

In our office at the Goetheanum we have been joined by Mathias Hofmann to work on conference management as a replacement for Roland Tüscher who has been on sick leave since May. Marianne de Kruijf applied for the job of assistant to the Section head and started work on 15 October. Dorit Dirlam, who resigned from this post four years ago for personal reasons, applied again to our great pleasure. But she will now look after the "History of the anthroposophical medical movement" project.

With best wishes for Advent and warmest greetings - *Michaela Glöckler*

#### News

The *Vademecum* is now also available in French!  
IFEMA: [contact@ifema.fr](mailto:contact@ifema.fr) and [www.merkurstab.de](http://www.merkurstab.de).

The weekend with Peter Selg and Michaela Glöckler on the first course for physicians (GA 312) can be ordered on audio CD at: [www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

In September/October, Dr. med. Daniel Galun released his study on mistletoe extract for patients with inoperable, locally advanced or metastasising pancreatic cancer at the 5th European Congress for Integrative Medicine in Florence, Italy and at the congress of the European Society for Medical Oncology, Vienna, Austria. In Vienna, his poster presentation won the Best Poster Award in the Gastrointestinal Noncolorectal Carcinoma category.

Details about the Health Congress 2012 in Dortmund, which had Health Minister Barbara Steffens as its patron, can be seen at [www.kongress-gesundheit.de](http://www.kongress-gesundheit.de).

The Anthroposophic Psychotherapy umbrella organisation was established at the Goetheanum on 15 September 2012. [www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

The Centre for Integrative Medicine was opened in St. Gallen on 4 October 2012. [www.integrativemedizin.kssg.ch](http://www.integrativemedizin.kssg.ch)

The CAMbrella research team presented the results of its three years of work in Brussels on 29 November 2012 and called for a common European research strategy in the "Roadmap for European CAM research". The CAM group is proposing that a European Centre for CAM should be set up which takes account of the research strategy proposed by CAMbrella. [www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

The new website of the Working Group for Anthroposophic Medicine in St Petersburg is: [www.terapeuticum.ru](http://www.terapeuticum.ru)

#### Recommended books

Rupert Sheldrake: *Der Wissenschaftswahn. Warum der Materialismus ausgedient hat*. O.W. Barth Verlag, Munich 2012. [www.kulturradio.de/rezensionen/buch/2012/rupertsheldrake\\_der.html](http://www.kulturradio.de/rezensionen/buch/2012/rupertsheldrake_der.html)

Renate Long-Breipohl: *Under the Stars. The Foundations of Steiner Waldorf Early Childhood Education*, Hawthorn Press 2012. <http://steinerbooks.org/detail.html?id=9781907359163>

Thomas Müller-Bohn: *Das Jahreszeiten-Prinzip. Alles zu seiner Zeit: ein Erfolgskonzept*, S. Hirzel Verlag 2012. [www.hirzel.de](http://www.hirzel.de)

Johannes Reiner: *In der Nacht sind wir zwei Menschen: Arbeits-einblicke in die anthroposophische Psychotherapie*, Verlag Freies Geistesleben 2012. [www.geistesleben.de](http://www.geistesleben.de)

Ad Dekkers, Marianne Holberg: *Psychotherapie der menschlichen Würde*, Verlag Freies Geistesleben 2012. [www.geistesleben.de](http://www.geistesleben.de)

Johannes Matthiessen: *Krebszeichen. Spuren einer Krankheit*, VAS-Verlag, Bad Homburg 2012. [www.vas-verlag.de](http://www.vas-verlag.de)

Eben Alexander, MD: *Life Beyond Death. Consciousness is the Most Profound Mystery in the Universe*. [www.lifebeyonddeath.net](http://www.lifebeyonddeath.net)

Rudolf Grosse: *The Christmas Foundation. Beginning of a New Cosmic Age*, Steiner Book Centre 1984. [www.library.steinercollege.edu](http://www.library.steinercollege.edu)

#### Dates

14-21 December 2012  
IPMT Chennai/India

3-6 January 2013  
At the limits of biography. Art therapy in the context of ADHD and dementia. 15th International Study Days for Anthroposophic Art Therapy.

1-3 March 2013  
Research congress at Herdecke University on the subject of spirituality/the spiritual paradigm in anthroposophic medicine. [www.uni-wh.de](http://www.uni-wh.de)

All events of the Medical Section:  
[www.medsektion-goetheanum.org/en/events-and-conferences/](http://www.medsektion-goetheanum.org/en/events-and-conferences/)

News and layout: Heike Sommer  
Dornach, 1 December 2012