



Gayatri Mantra:  
OM Bhur Bhuvah Svaha  
Tat Savitur Varenyam  
Bhargo Devasya Dhimahi  
Dhio Yonah Pratschodayat  
OM Shanti Shanti Shantihi  
from the Rig Veda III, 62

ॐ भूर्भुवः स्वः  
तत्सवितुर्वरेण्यं भर्गो देवस्य  
धीमहि धियो यो नः प्रचोदयात्।

OM Earth. Nature. Heaven  
Let us meditate the brilliant light of the Sun in  
all its Glory divine  
may the impulse thereof remove  
all darkness and ignorance  
and enlighten us in our thoughts  
to bring us further in our spiritual quest  
OM peace peace peace  
Translated by Aban Bana

## Newsletter for the co-workers of the anthroposophic medical movement Epiphany 2013



Photos, left to right: 1., 2. Nature observation IPMT International Postgraduate Medical Training, Cape Town 2013; 3. Group of IPMT participants, Cape Town 2013; 4. Ivy with icicles near the Goetheanum observatory; 5. View of the Goetheanum botanical garden during the dormant 2013 Epiphany period.

Dear Colleagues

The motto of this year's Epiphany newsletter is dedicated to the sound and the message of the ancient, sacred Gayatri Mantra. Rudolf Steiner indicated in one of his lectures for students how important it is to connect to the wisdom of ancient India with the resources of anthroposophic spiritual science. For eight years this mantra has been recited each morning before the eurythmy exercise within the setting of the Indian postgraduate medical training/IPMT. It is dedicated to the light of the sun and of thought, to the future-oriented spiritual light of humanity. 'Gāyatrī' is the female form of 'gāyatra' and means hymn.

At our recently concluded International Coordination of Anthroposophic Medicine/IKAM retreat in Dornach we concentrated on three topics central to our work. One was the question of the accreditation and certification of the various further training programmes, and Rudolf Steiner's suggestions for the training of those who teach in them. These topics will be further discussed in a working group during the Whitsun conference 'Enlightening the Heart' [www.enlightening-the-heart.org](http://www.enlightening-the-heart.org). Next we occupied ourselves with the question of the healthy financing of the Medical Section and the areas of coordination within IKAM. What can be done to obtain basic funding for the Medical Section so that the head of the Section, a secretarial post and a research associate are able to work without having to be financed on a project basis such as is currently almost entirely the case? Of particular importance is the financing of the IKAM coordination posts that are largely filled on a voluntary basis. Although these volunteers cannot be thanked enough for their engagement, the donation of this work is neither sustainable nor appropriate in the long run. It is therefore necessary to develop a concept. Our goal is to secure total funding over the next two to three years. The plan is to establish stable basic financing that covers a salary and infrastructure costs for the Section leader, an administrative worker and a research associate, as well as administrative expenses for the IKAM coordinators. Everything else can then be funded via project financing.

On the last day of the three-day retreat, in a meeting with the board of directors of the umbrella association for Anthroposophic Medicine in Germany (DAMiD), we addressed the question of how we can best offer an opinion on current ethical questions from the point of view of Anthroposophy. To this end we intend to set up working groups on organ transplantation, palliative medicine and the question of the ethical foundations of Anthroposophy. The results will be presented on 23 September, 2013, in the form of a public day seminar within the Michaelmas festival week that will mark the 100th anniversary of the laying of the Goetheanum's foundation stone.

The festival week will include a joint event organized with the Anthroposophical Society in Switzerland on 20 September 1913, the anniversary of the laying of the foundation stone. A public conference organized by the Goetheanum will then be held from 24 to 29 September 2013 as a follow-up to the preparatory Michaelmas gathering of last year. The topic will be: *Serving life – 100 years since the laying of the Goetheanum's foundation stone – directive forces for the 21st century.* This conference will also include working groups for members of the School of Spiritual Science.

With best wishes for your work  
and warm regards  
Michaela Glöckler

## News

Collection of signatures against the privatisation of water:  
[www.wdr.de/tv/monitor/sendungen/2012/1213/wasser.php5](http://www.wdr.de/tv/monitor/sendungen/2012/1213/wasser.php5) oder  
[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

The family enterprise Voelkel was awarded the 2012 German sustainability prize for 75 years of Demeter quality products:  
[www.demeter.de/Verbraucher/aktuell/voelkel-unter-den-top-3](http://www.demeter.de/Verbraucher/aktuell/voelkel-unter-den-top-3)  
Deutscher Nachhaltigkeitspreis 2012 für das Familienunternehmen Voelkel. 75 Jahre Demeter-Qualität:  
[www.demeter.de/Verbraucher/aktuell/voelkel-unter-den-top-3](http://www.demeter.de/Verbraucher/aktuell/voelkel-unter-den-top-3)

A joint declaration by the Association of Waldorf Schools, Association for Anthroposophic Curative Education and Union of Waldorf Kindergartens for inclusion in the spirit of the UN Convention:  
<http://www.waldorfschule.de/presse/pressemitteilungen/>

The Goetheanum has a new communications concept. The final step has been completed with a newly conceptualised home page and media announcement (in German):  
[www.goetheanum.org/Medienmitteilungen.5465.0.html](http://www.goetheanum.org/Medienmitteilungen.5465.0.html)

## Recommended books

Alfred Längler, Patrick J. Mansky, Georg Seifert (Eds.). *Integrative Pediatric Oncology*, Springer VS, Wiesbaden 2013, available formats: eBook and Hardcover.  
[www.springer.com/medicine/oncology/book/978-3-642-04200-3](http://www.springer.com/medicine/oncology/book/978-3-642-04200-3)

Mathias Berger (Ed.). *Psychische Erkrankungen: Klinik und Therapie*, München, 3rd edition 2009. [www.elsevier.de](http://www.elsevier.de)

Michaela Glöckler (Ed.). *Anthroposophische Arzneitherapie für Ärzte und Apotheker*. 4th update, 1896 pages. Wissenschaftliche Verlagsgesellschaft. Stuttgart 2012.  
[www.deutscher-apotheker-verlag.de/bereiche/medizin/](http://www.deutscher-apotheker-verlag.de/bereiche/medizin/)

Sylva Liebenwein, Heiner Barz, Dirk Randoll. *Bildungserfahrungen an Waldorfschulen. Empirische Studie zu Schulqualität und Lernerfahrungen*. Springer VS, Wiesbaden 2012.  
<http://rd.springer.com/book/10.1007/978-3-531-19090-7/page/1>

The current issue of the international research newsletter:  
[http://nieuwsbrieven-online.nl/hl/international\\_newsletter\\_AG-4th-edition/HL-internationale-nieuwsbrief-AG\\_editie4.html](http://nieuwsbrieven-online.nl/hl/international_newsletter_AG-4th-edition/HL-internationale-nieuwsbrief-AG_editie4.html)

The newsletter of the International Eurythmy Therapy Forum appears annually and contains reports on the work in eurythmy therapy, its status around the world, and information about new developments in the various areas of work.  
<http://www.forumhe-medsektion.net/en/Newsletter>

Lilipoh Magazine. Winter 2013: Redemption of Labor.  
[www.lilipoh.com/index.aspx](http://www.lilipoh.com/index.aspx)

CD/audio cassettes are now available from the Medical Section's 2012 annual conference.  
[www.avrecord.de/AVRecord/katalog/kongresse.php?shorty=AMD12](http://www.avrecord.de/AVRecord/katalog/kongresse.php?shorty=AMD12)

## Dates

1-3 March 2013

2nd Witten Colloquium on Humanism, Medicine and Philosophy. 'The Spiritual paradigm of Anthroposophic Medicine' is scheduled for the afternoon of 3 March.

[www.uni-wh.de](http://www.uni-wh.de)

8 March 2013

Science colloquium on Education and Health, Children's Health and Willingness to Learn: the Joint Task of Teachers and Doctors. [Freitag@Waldorfschule.de](mailto:Freitag@Waldorfschule.de)

9-16 March 2013

Medical studies week. [www.studienkurs.ch](http://www.studienkurs.ch)

26 March – 2 April 2013

International Postgraduate Medical Training IPMT in Bangkok, Thailand.

[http://www.medsektion-goetheanum.org/EYED2/files/file/pdf\\_EN/Thailand\\_eng\\_2013.pdf](http://www.medsektion-goetheanum.org/EYED2/files/file/pdf_EN/Thailand_eng_2013.pdf)

9 May 2013

Celebrating the 200th anniversary of Søren Kierkegaard.  
[www.medsektion-goetheanum.org/EYED2/files/file/pdf/Einladung\\_Kierkegaard\\_2013.pdf](http://www.medsektion-goetheanum.org/EYED2/files/file/pdf/Einladung_Kierkegaard_2013.pdf)

18-25 May 2013

Enlightening the heart. International conference on Anthroposophic Medicine for young people in therapeutic training and professions.

[www.enlightening-the-heart.org](http://www.enlightening-the-heart.org)

20-23 June 2013

International Early Childhood Care Conference. Healthy development and prevention. The dignity of the young child.

[www.medsektion-goetheanum.org/veranstaltungen/kalender-medsektion/](http://www.medsektion-goetheanum.org/veranstaltungen/kalender-medsektion/)

September 2013 at the Goetheanum celebrating the 100th anniversary of the laying of the Goetheanum's foundation stone

The complete list of events of the Medical Section:  
[www.medsektion-goetheanum.org/en/events-and-conferences/#month02](http://www.medsektion-goetheanum.org/en/events-and-conferences/#month02)

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