

The more we love inner truths, and feel this love streaming through us, the more the power of inner sight awakens within us. Rudolf Steiner

## Lectures by Dr Michaela Glöckler & Dr Simon Bednarek

# Healthy Etheric & Inner Development

### Healthy Etheric

What does it mean to you personally?  
How do you work with this in the world?  
The talk will discuss the Etheric in relationship to the four-fold human constitution, when it is born, and the relationship to the twelve senses. We will then discuss the etheric heart - the task of our times and the courage to do what is right in the world.

**When:** Saturday 5 July 2014

**Where:** Michael College

37a Wellington Park Drive, Warranwood

**Time:** 7.00pm

**Lecturer:** Dr Simon Bednarek

### Inner Development as a Fundament of Health, Self Knowledge and Social Competence

How do we develop an inner life that is free so we can be truly citizens of the universe? A healthy soul starts with thinking, so how do we enhance our etheric world and encounter our soul and spiritual worlds?

How do we develop and deepen our professional life yet also strengthen our community life? We have drives of self knowledge, personal development and improving the world we live in, yet to balance these can be difficult without a strong mediative life.

The path of development of a health professional is the therapeutic task for each individual, community in professional life and the connection of each with humanity.

**When:** Sunday – Friday 6- 11 July 2014 (6 lectures)

**Where:** Michael College

37a Wellington Park Drive, Warranwood

**Time:** 7.00pm

**Lecturer:** Dr Michaela Glöckler

**Lecture will start on time so if paying please come early.**

**Cost \$20 per lecture or \$100 for all 7 (payable by cash or cheque only)**

### Presenters:

**Dr Michaela Glöckler MD** is the leader of the Medical Section of the School of Spiritual Science at the Goetheanum in Dornach, Switzerland. Along with her practice in paediatrics, she consulted at the Herdecke Community Hospital and served as a school doctor in Witten. Michaela directs the IPMT.

### **Dr Simon Bednarek MBBS(WA), FRNZCGP, FRACGP**

Simon is an anthroposophic General Practitioner working and living in Perth, WA. Previously, he worked for 28 years as a GP in Hawkes Bay, New Zealand where he founded and managed a franchise of general practices. He integrated anthroposophic medicine into his practice and anthroposophic concepts into his businesses.

**Enquiries:** Irmhild Kleinhenz 0408 655 985 or email [irmhild@live.com](mailto:irmhild@live.com)

*Picture above of Mount Everest by Simon Bednarek*

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