Living-way … bringing spirit to life

Newsletter and Course List Australia March – September 2014

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Good day,

As far as email correspondence can indicate everybody Downunder seems to be back to work and I am also preparing for my next chain of courses in Australia in March and April.
In November I followed an invitation to China and met a very keen, lively and lovely group of about 40 students. China appears to be the fastest growing market for alternative education and personal development. It looks like I will be going again next November – and another journey into a Pacific country unfolds …

If you know someone or are connected to a network possibly interested in Life Story Work please forward this newsletter.

Wishing you all the best on your journey.

Karl-Heinz Finke

Find attached a print version of this Newsletter, a workshop flyer and a flyer on one-to-one Life Story Work sessions.
If you do not wish to stay on the mailing list, please return this email with <don't send email> in the subject header.
Next time I will be ready to send a webmail newsletter with an unsubscribe function.

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Life Story Work Foundation Course
Once again my work in Australia starts with a **Life Story Work Foundation Course** at Sydney Rudolf Steiner College in March. The workshop is designed for everybody intending to 'take charge' of his/her own life's journey, and offers a deeper understanding of the physical, social, and spiritual developmental stages in one's life. It is also a **Foundation Seminar** guiding into **Life Story Work** and a **Biographical Consultation Training**. Last but not least, the workshop offers a practical and life-related introduction into Anthroposophy.

During school holidays in April a specially designed course on
Life Story Work and Lifelong Learning
will be done at the Cape Byron Steiner School.
I have not done a course at that school since a Schooling Course with my colleague Angela Youdale in 2002.

End of April will bring the third part of the
Life Story Work / Biography Training with a module on **Trials and Thresholds**.
Once again with an **Entry Point** into the training.
Precondition for joining the training is prior participation in a **Foundation Course**, i.e. the course scheduled for the first weekend of March.

August and September
For the second half of 2015 I will continue the **Life Story Work Training with** a module on **Mental Health** in August and on **The Self in Search of Meaning** in September.

August also brings me back to Canberra. This time with a theme I developed over the last ten years, i.e. by accompanying my parents who will have their 60th wedding anniversary this week.
In Canberra we will explore **Gifts and Challenges of the 3rd Life Age** (50plus).
Quite often the aging of our population is seen as a burden. But what are the gifts? What is the meaning of reaching an average of 84 years in first world countries?

Another theme I have been developing and living with since I have met the Baghwan / Osho movement and Anthroposophy in the late 70ies is about different meditative paths and their respective thresholds into supersensible experiences. A workshop in Sydney will explore
Mystic and Ecstatic Meditations and the Threshold.

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Course List Australia ***March – September 2015***

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Taking Charge of my Life's Journey
Finding my Direction – Foundation Module
Thu 05/03 – Sun 08/03/2015
Fri to Sat 9am–6pm+ / Sun 9am–4pm
Sydney, CBD / Sydney Rudolf Steiner College

Taking Charge
Life Story Work and Lifelong Learning
Thu 09/04 – Sun 12/04/2015
Thu to Sat 9am–6pm+ / Sun 9am–4pm
Byron Bay, Cape Byron Steiner School

Trials and Thresholds (Life Story Work)
Reflecting on Peak-, Abyss-, and Transition Experiences
Fri 24/04 – Sun 26/04/2015
Fri 7pm–9pm / Sat 9am–6pm+ / Sun 9am–4pm
Sydney, CBD / Sydney Rudolf Steiner College

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Mental Health and Illness (Life Story Work)
Developmental Crisis, Spiritual Madness or what?
Fri 07/08 – Sun 09/08/2015
Fri 7pm–9pm / Sat 9am–6pm+ / Sun 9am–4pm
Sydney, CBD / Sydney Rudolf Steiner House

Gifts and Challenges of the 3rd Life Age
Exploring Biographical, Social, and Spiritual Implications
Thu 13/08 – Sun 16/08/2015
Thu 7pm–9pm / Fri 7pm–9pm / Sat 9am–6pm+ / Sun 9am–4pm
Canberra, venue to be announced

Mystic and Ecstatic Meditations
Inner, Outer, and Other Thresholds
Fri 11/09 – Sun 13/09/2015
Fri 7pm–9pm / Sat 9am–6pm+ / Sun 9am–1pm
Sydney, CBD / Sydney Rudolf Steiner House

The Self in Search for Meaning (Life Story Work)
Life as an Inner and Outer Developmental Journey
Fri 18/09 – Sun 20/09/2015
Fri 7pm–9pm / Sat 9am–6pm+ / Sun 9am–4pm
Sydney, CBD / Sydney Rudolf Steiner College

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