

SPIRIT AND SCIENCE IN MEDICINE



Natural Science, Spiritual Science and Medicine - Insights, Challenges and Richness.

(inspired by Class Lesson I of School of Spiritual Science)

1-3 May 2015, Sydney

*(Apologies, last minute changes re venue and hence programme are being clarified, so please contact
Dr Narelle Savage during the week if you need to know exact venue/programme details urgently)*

Medical Section of School of Spiritual Science of Australia
Australian Anthroposophic Medical Association (AAMA)

This weekend workshop will open a door to the exploration of:

'Spiritual science' and 'natural science' - what is the task of spiritual science in extending natural scientific thinking? What is our connection to the Spirit in our medical work, and our task? What does the term anthroposophically extended medicine mean?

How can we find the enthusiasm, will and understanding necessary to deepen and strengthen spiritual science in our medical work in current times?

Art as an inspiration in spiritual science and the medical work?

What is the School of Spiritual Science that underpins our work?

Friday evening:

Registration from 6pm-7.30pm.

7.30pm: Small group work (or lecture) – If small group work, then - Sharing our current work, and discussing supports for, and hindrances to our work. (or lecture, depending on venue – programme may change slightly)

Saturday

9.00: Introduction

Welcome. Brief introduction to the School of Spiritual Science; and what is the Class work.

9.10: Therapeutic eurythmy (Josefin Porteus or other) or Speech (depending on location)

9.50: Morning tea

10.30: Talk - **"The human being: our connection with nature, medicine, self, the world of the spirit and our medical task."**

Natural science and spiritual science in anthroposophically extended medicine.

What can we understand of the human being from nature and natural science, and what do we understand out of spiritual science?

Speaker: Dr Simon Bednarek

12.00: Small group and large group work:

How do we work with the human being out of natural science and spiritual science in our various modalities?

1.00: Lunch

2.00: Talk - **"Connecting with our humanity and spiritual science in our work"**.

What qualities do we need to develop, in order to fulfil our task in a truly living and human way? What do we struggle with in this current time within ourselves, and the world, as health professionals? How much can nature guide us?

Speaker: Lisa Devine or others (depending on location)

3.30: Afternoon tea

4.00: ART: Looking into the Red Windows

What do we see in the windows?

What echoes back in us? What do we want to develop in ourselves?

Art: Julie Lovett

5.30: Walk

6.00: Dinner

7.15: Small and large group work –

Bravery, hope and fear (small group work)

Bravery, hope and fear - how do these qualities manifest in us, in the medical world, and in our work?

Does fear affect our capacity to be truly human in our work? What can help us counter any fear that arises for us, and our patients? What is the will to create the world of healing out of spirit?

8.30: Close for the day

Sunday

9.00: Therapeutic eurythmy or Speech

9.45: Morning tea

10.30: ART: Transforming yesterday's work from the red window

12.00: Small and large group work –

What has arisen for us? Working with what we have learnt for ourselves, and our work.

How do we maintain ourselves in our search for our human spirit and the spirit of the other, and in our connection with the spiritual realms? How does spiritual science help us with this?

1.15: Light lunch

2.00: Close

* This is intended to become an annual March event. Please give us feedback on your interest in such future events.

Venue –

Harmony Village, Mittagong or Glenaeon High School, Middle Cove

Cost:

Day only:

Whole weekend: \$100; concession \$70

Saturday only: \$60; concession \$45

Sunday only: \$40; concession \$25

Residential (Harmony at Bowral):

Whole weekend: \$180; concession \$130

Saturday or Friday night: prorata

\$35 linen charge, unless you bring your own (which of course is free)

(Local billeting may be necessary if we have larger than expected numbers. Preference will be given to those staying both nights)

Transport:

If at Mittagong:- Shared private car from the airport or Central Station and back again – we're hoping we can provide enough transport for everyone as long as we have enough notice (1 hour travel).

Train from Central or the airport to Mittagong – 2 hours, leaves hourly – we can pick up at the station if prior to days event starting

RSVP: Please let me know if you are considering coming asap. We will need to have some idea of numbers asap to finalise details of venue and transport.

If you would like to attend, but cannot due to query on logistics of venue, etc, please let me know what the difficulties are for you for this occasion, and future planning.

Contact:

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