

## A NEW APPROACH TO MEDICAL PRACTICE

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The International Postgraduate Medical Training offers a pathway of development for the health professional seeking new insights and wider directions to their professional orientation and to meet patient needs.

The IPMT, led by international experts in the field, is a comprehensive introduction to anthroposophic medicine (AM).

Participants will explore:

- practical anthroposophic diagnosis and therapy;
- ways of strengthening diagnostic faculties;
- inner development to strengthen outer work;
- bringing new vision as well as new therapies to our medical work.

This conference is the Oceania section of the IPMT series that in 2015 takes place in 18 countries from Switzerland and Russia through Peru, India and Taiwan. A faculty of experts with an international reputation for excellence in medicine and teaching lead the week.

AM is an integrative system that adds a psychological and spiritual dimension to contemporary medical practice. It extends the arena of conventional medicine through an emerging salutogenic approach that identifies and utilises the sources and systems of self healing and resilience rather than limiting itself to the present pathogenic paradigm with the disease focus so pervasive in present day medical thinking. Essential to this approach is a methodology that develops the observational and contemplative skills of the individual practitioner in search of the processes working within health and illness.

Participation in this training week is available only to those health professionals who have either qualified in a registered field of practice or are on a specific path of training. For medical doctors this course serves as part of the pathway to certification as an Anthroposophic Physician.

For more information, see <http://www.medsektiongoetheanum.org/en/training/medicine/ipmt-en/>



IPMT 2015 BRISBANE

P.O Box 28190

Havelock North

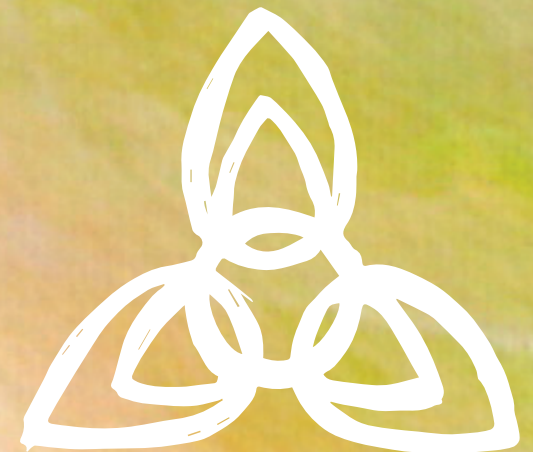
New Zealand 4157

[ipmt2015@weledatrust.org.nz](mailto:ipmt2015@weledatrust.org.nz)

## International Postgraduate Medical Training in Anthroposophic Medicine

12-19 July 2015

Emmanuel College  
University of Queensland  
Brisbane Australia





# FACULTY



**Michael Kokinos** B Physio, M (Mgt) leads a busy physiotherapy practice along with his health promotion work within Steiner schools, curative education settings and projects within indigenous communities. Michael is interested in integrating the various 'bodywork' professions under the umbrella of Anthroposophic Medicine.



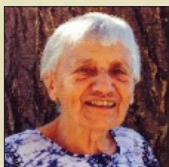
**Irmhild Kleinhenz** ND PGradDip IM; PGrCertAM has worked out of the inspiration of anthroposophy for over 30 years as the foundation for her integrative medical practice and consultancy in Melbourne. Irmhild lectures widely and leads the Australian prescriber's training in Anthro Med for Allied Health professionals.



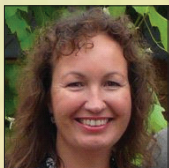
**Dr Simon Bednarek** MBBS FRNZCGP FRACGP is the coordinator of the AU/NZ Medical Section work for the Goetheanum. He works as a GP in Perth WA as well as teaching on aspects of anthroposophic medicine internationally.



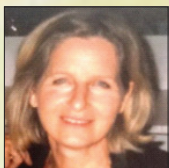
**Dr Lakshmi Prasanna** worked for 25 years as a hospital based paediatrician along with founding a children's hospital in Chennai and home for special need's children in Hyderabad. She works internationally as a lecturer, school doctor and teacher trainer focusing on creating healthy communities to grow healthy children.



**Truus Geraets** is an eurythmy therapist, author, and teacher. Truus has brought eurythmy to some of the world's most forgotten and unloved places as part of her work internationally. She currently resides in the USA; consulting widely and leading a therapeutic eurythmy practice working with young children.



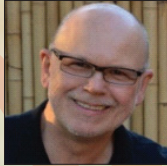
**Michelle Vette** RN ANS is the programme director for the health faculty at Taruna College in NZ and has been part of the anthroposophic nursing world for many years. Michelle travels extensively in her role as a nurse educator in anthroposophically based nursing; growing the profession throughout Oceania and Asia.



**Julie Lovett** has 30 years experience in Steiner Education as a teacher, art therapist and educational manager. Julie was the Academic Coordinator and Director of Raphael College and Rudolf Steiner College in Sydney tutoring in Anthroposophy, Steiner Education, Painting and Inner Development. She currently works privately as an art therapist.



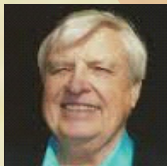
**Dr Michaela Glöckler** MD is the leader of the Medical Section of the School of Spiritual Science at the Goetheanum in Dornach, Switzerland. Along with her practice in paediatrics, she consulted at the Herdecke Community Hospital and served as a school doctor in Witten. Michaela leads the IPMT.



**Dr Ernst de Jong** MD AMEC MDAPsych Cert Child Psych worked as a GP with an interest in Anthro Med in the Netherlands and Sydney before specializing in Psychiatry in 1986. Ernst currently practices psychiatry in Perth WA with a special interest in ADHD and PTSD.



**Lisa Devine** BBeSc(Hons), MCouns, DipYW, DipEuTh professional life integrates her background in youth work, priesthood, eurythmy therapy and counselling. Her counselling practice includes working in several schools and she is currently developing and implementing programmes for young people suffering from self harm and eating disorders.



**Dr Basil Williams** is an osteopathic physician in NY who has integrated Anthro Med into his practice for over 30 years. He is Board Certified in Anthro Med and Internal Medicine amongst other specialties. Basil also integrates Cranial Osteopathy into his work and is a member of the Cranial Academy. He is deeply interested in healthy nutrition, education and curative education.

## LOCATION

Emmanuel College is one of the residential colleges of the University of Queensland and located on its park like St Lucia campus along the Brisbane River. Transportation from the airport is easily arranged through public transport, shuttle or taxi. IPMT participants will each have their own room in the student hostel and our meals are catered for by the College.



# 2015 PROGRAMME

## Day 1 - Sunday 12th July

3pm	Registration
4pm	Welcome & Introduction
5-6pm	Dinner
7-9pm	Eurythmy Performance followed by Introduction to the Week Dr Michaela Glöckler

## Days 2 - 7 Monday 13th to Saturday 18th

8.30-9.15	Eurythmy
9.15-10.30	Goethean Observation Exercises
10.30-11.00	Break
11.00-12.15	Text Study & Thinking Exercises
12.15-13.45	Midday Break
13.45-15.15	Anthroposophic Medicine in Practice Choose one stream for the week. Please see accompanying sheet for more detailed workshop descriptions.
	- Clinical Sessions
	- Introduction to Anthroposophic Nursing
	- Anthroposophic Body Therapy
	- Anthroposophic Psychotherapy
	- Therapeutic Eurythmy
	- Curative Education and Social Therapy
15.15-15.45	Break
15.45-17.15	Anthroposophic Medicine in Practice II Workshop streams continue
17.15-18.30	Evening Break
18.30-19.00	Singing and review of the day
19.00-20.30	Evening Lecture Series Dr Michaela Glöckler Expressions of the Astral Body as seen in Pain and Anxiety; including its Manifestation in Dying and Death

## Day 8 - Sunday 19th July

8.30-9.15	Eurythmy
9.15-10.30	Small group work
10.30-11.00	Break
11.00-12.00	Closing and distribution of certificates
12.30	Brunch