



Australian Anthroposophic Medicine Association

Registration Number Y2206644

June Newsheet

Dear members,

We would like to give an initial spiel on upcoming conferences that will help to maintain your Anthroposophic medicine skills alive. So you can pencil out in your diaries. Full program and to follow. Keep an eye in the AAMA website – www.aamaanthro.com.

Also attached to this letter there is a letter from The Aurora Rose Kindergarten (Steiner Education initiative) asking for donations.

Seminars:

AAMA – AGM Seminar – 26th to 28th October 2012

Seminar Friday and Saturday: Theme: "Mental Health, the plight of 21st Century"; Friday night public talk on 'Addictions and Mental Health'

Saturday and Sunday-AGM for health care and medical practitioners

Main Guest Speaker - Dr Rene de Monchi, New Zealand psychiatrist (previously worked for many years as a GP with Anthroposophic medicine in Wellington) now working in Sydney; other guests TBA.

Venue Byron Bay – Rainbow Ridge School for Steiner Education.

New Zealand – Medical Section Seminar – 24th to 28th January 2013

Theme: "Imbalances of form and process in school-age children"

Main Guest Speaker- Dr Alicia Landman MD (USA) – Anthroposophic medicine trainer and Waldorf-school doctor.

Venue: NZ, likely Wellington (TBA)

Full program TBA

Wish you all a warm and rugged up winter.

Greetings

Paulo Moraes, secretary AAMA

Vale Margaret Shaw

"Margaret Shaw was a wonderful source of wisdom & support to many people in all sorts of ways all her life, she was a trained physiotherapist & integrated etheric massage into her practice with warmth and energy. Many of her patients commented to me over the years on the deep and lasting changes & insights they experienced & came to, from Margaret's massages and advice, all of them feeling they were held by her strength and warmth. Margaret was also a major force in training a number of people in etheric massage herself, this was of great benefit to Anthroposophic medicine & to numerous individuals, young & old, due to its increased availability. From its inception, The Mercury Healing Group, has been a vital organisation in the carrying of etheric massage in Australia and Margaret was one of the earliest members of the AAMA. Further, in her later years, Margaret treated & cared for the elderly with massage in a nursing home in the Blue Mountains which also was part of



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a research project, assessing the value of massage as an essential ingredient in care for the elderly in retirement homes. Margaret loved her work & conveyed this in all her concerns & consideration for individuals & the community.

Families, mothers and children were another group who benefitted particularly from Margaret's insight and generosity; she showered love & warmth on those who came to her for guidance and nurturing. In the broader community, Margaret participated in & helped to set up 'Mothers and babies' groups, and early childhood playgroups, offering a wealth of experience and understanding of the indications needed for the young and their carers out of Anthroposophy. Margaret radiated motherly qualities and artistic feeling which enabled a better holding of the sacredness of the task of mothering.

Together with Fay Brander, Margaret began the Helios Healthcare Centre in a light-filled cottage in Rozelle. This centre was infused with Margaret's warmth and the gesture of Anthroposophic healing. The centre went on to offer massage, curative eurhythm, art & speech therapies, counselling, and anthroposophic medicine. Clients and practitioners experienced some of the many qualities of an anthroposophic therapeutic community as Ita Wegman and Rudolf Steiner intended. Playgroups for young children & groups for mothers & babies were also supported by Margaret in this cottage, providing well guided care for many children, with learning and support for their parents. Margaret's will to ensure that children, mothers and families in general, could experience a truly vital and sacred way of living and growing, blessed all of those who were called to her and to the centre over nearly a decade.

Margaret's books on early childhood & family life were an inspiration & a gift from the heart to those seeking wisdom & insight into this crucial period of life."

Narelle Savage

Margaret died suddenly on 27th May. She was an early AAMA Member, joining on 7th November 1995, Member number 14.

Our deepest sympathy to John and family.