AIM

AAMA aims to offer space for different Allied Health Anthroposophic modalities to present or workshop their role and relation with the umbrella organisation. Hopefully with sharing, a better understanding of each profession will start to evolve.

Simon Bednarek

Simon is an anthroposophic GP working and living in Perth, Western Australia. Previously, he worked for 28 years as a General Practitioner in Hawkes Bay, New Zealand where he founded and managed a franchise of general practices. He integrated anthroposophic medicine into his practice and anthroposophic concepts into his businesses. He is the coordinator of the medical section in NZ and has organised many conferences and seminars in this role. He is also on the board of the Australian Anthroposophic Medical Association. He has worked as a school doctor and as GP for curative adult and children residential homes in Hawkes Bay.

He is a past chair of the Taikura Rudolf Steiner School board of trustees. Simon has taught and spoken at events such as the International Postgraduate Medical Training (IPMT) and Kolisko conferences in Dornach, Philippines, Thailand, NZ, Australia, Hungary, South Africa and India on topics ranging from anthroposophic medicine, organisational development, soul development and leadership.

Simon has four children who all attended the Hastings Taikura Waldorf School and have now completed university.

Attendance Fees:

Friday night **(only)** – suggested donation $ 15 ($5 – concession)

Seminar-AGM weekend Friday- Sunday:

AAMA members - $ 80 ($40 interstate/overseas)

Health professionals – non members: - $ 100

Students (Health professionals) - $ 35

Transport – Airport Shuttle-bus to the city or direct to Ringwood Train Station.

Accommodation: participants to organise

Contact/enquiry details –

Paulo Moraes: moraes.arara@bigpond.com

Irmhild Klienhenz: irmhild@live.com

Registration email to:

AAMA Administrator, Att. Nicolle Vuilermin

admin@AAMAanthro.com

AUSTRALIAN ANTHROPOSOPHIC MEDICINE ASSOCIATION

AGM and Seminar

Working Together – Anthroposophic Medicine and Therapy in Australia

11th (evening) - 13th October 2013

The Michael Centre

Warranwood - Melbourne

Guest speaker:

Dr Simon Bednarek, MBBS(WA), FRNZCGP, FRACGP

Venue:
Michael Centre

Participants: Medical, Nursing and Allied Health Care Professions

Friday – 11th October Time: 7 – 9 pm

Public Lecture by Dr Simon Bednarek:

Fundamental Soul Questions, Our Identity and Destiny and the Threefold Path of the Human Being.

This will be about our journey in life as we search for answers of "Who am I?" "What is the significance of my relationships?" and "Does life on earth have any purpose? Do I have a task in life?" We will then look at the Path of thinking, feeling and willing and the exercises we can practice to develop our body, soul and spirit so as to be healthy.

Saturday- 12th October

Time: 8:30 am to 18:00

8:30 – Registration

9:00 – **Therapeutic Eurythmy**

10:00

Social Learning – How to work together as a therapeutic community. Simon Bednarek

It will cover what is a vision, individual freedom in a community development, 3 realms of activity, and how that works practically, "What it is to be a representative to the Medical movement" which will touch on Michael, Raphael and Uriel as guiding archangels to help us and the meditative path.

11:15 – 11:45 – morning tea

How to work together

A representative of each therapeutic group will talk on how they work together as a professional group and how they work together with other professional groups.

12:45 – 13:45 - Lunch

How to work together *(continued)*

15:00 – 15:30 Afternoon-tea

15:30 –:

Threefold Listening Exercise – small group work *Simon Bednarek*

To practice listening for the three levels of communication in the following ways:
Someone tells a story, about an "incident" or issue that is still current, and still requires some decision or action.
Listeners form to listen to the different levels.

- Accuracy and attention in relation to the information, ideas, and mental pictures actually expressed by the speaker.
- Sensitivity to the underlying feelings and mood, which may or may not be directly expressed.
- Recognizing the fundamental direction of the speaker's intentions and energy.

17:30 – **Forum**

18:00 – Close of Saturday Session

Sunday – 13th October:

9:15 – 10:15 – **Therapeutic Eurythmy**

10:30 – 12:45: **AAMA – AGM**

(All participants welcomed, only financial members can vote)

13:00 – Close of Seminar

Registration form: (copy details below and email to admin@AAMAanthro.com*)*

or fill out and send to :
AAMA C/- N.Vuillermin
POBox 299,
Warrandyte
Victoria

Name: .....

Profession .....

Address: .....

.....

Phone/email: .....

Payment

Credit card details:

.....

Cheque – enclose and post

Bank direct payments:
Bank Account: NAB BSB: 082-289, Acc: 65-015-2022
Name - AAMA Inc

Amount: .....