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| --- | --- | --- | --- | --- | --- | --- | --- |
| Saturday5.7.2014 | Sunday6.7.2014 | Monday7.7.2014 | Tuesday8.7.2014 | Wednesday9.7.2014 | Thursday10.7.2014 | Friday11.7.2014 | Saturday12.7.2014 |
|  | 8.30 – 9.15Eurythmy exercises to enliven self-experience and therapeutic intuition[[1]](#endnote-1) Sue Gould |
|  | 9.15 – 10.30Introduction to Small Group Work *Michaela Glöckler*Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human *Constitution: The Seven Life P*rocesses |
|  | 10.30 – 11.00 B R E A K |
|  | 11.00 – 12.15Text study and Thinking exercises in Small Groups working with Fundamentals of Therapy chapter 3:The Phenomena of Life (Steiner/Wegman) Rene de Monchy, Irmhild Kleinhenz, Lakshmi Prasanna, Michael Kokinos, Lisa Devine, Simon Bednarek and others |  Closing and distribution of certificates |
|  | 12.15- 13.45 M I D D A Y B R E A K | NO LUNCH |
|  | 13.45 -15.15Anthroposophic Medicine in Practice I (choose one stream for the week):Plant remedies (Yarrow, Rosemary, Chamomile, Salvia, Lavender and Mellissa)[[2]](#endnote-2), *Various people*Anthroposophic Psychotherapy[[3]](#endnote-3) *Rene de Monchy &* *Lisa Devine*Working with The Lower Senses through Rhythm and Movement as a Healing tool (For Therapists, Curative Educators, Remedial teachers) *Lakshmi Prasanna & Michael Kokinos* |  |
|  | B R E A K 15.15 – 15.45 |
| 17.00Welcome and Introduction to theme and working modus of IPMT Registration |  15.45 – 17.30 Anthroposophic Medicine in Practice II (choose one stream for the week): Prescribing clinical sessions following on from healing plants[[4]](#endnote-4) (Doctors/Naturopaths/Homeopaths) *Irmhild Kleinhenz & Simon Bednarek* Therapeutic Eurythmy[[5]](#endnote-5) *Sue Gould*Curative Education & Social Therapy *Lakshmi Prasanna*Meaning of health and illness in the Musculo-skeletal system – pain, loss of mobility[[6]](#endnote-6) *Michael Kokinos*Anthroposophic Psychotherapy *Lisa Devine & Rene de Monchy* |
| 18.00Dinner | 17.30 – 18.30 E V E N I N G B R E A K |
| 19.00 – 20.30Lecture *Michaela Glöckler* | 18.30 – 19.00 Singing and Review of the day |
|  | 19.00 – 20.30Inner Development as a Fundament of Health, Self Knowledge and Social Competence Michaela Glöckler |

*Language to be used: English For further information or registration: Dr Simon Bednarek* *simon.bednarek@gmail.com* *Program and faculty subject to change*

1. Recapitulation of the first year; evolution series; extension and contraction; measure and rhythm in poetry [↑](#endnote-ref-1)
2. Open to all health professionals. [↑](#endnote-ref-2)
3. Open to counsellors, psychologists, psychotherapists and doctors (other interest health professionals can attended though targeted for these professionals). [↑](#endnote-ref-3)
4. This workshop will look at case histories by splitting into small groups discussing diagnosis and treatment and reporting back to the whole group. Other health professionals can apply to join though this will need to be approved by workshop facilitators. [↑](#endnote-ref-4)
5. Open to all health professionals. [↑](#endnote-ref-5)
6. Open to all health professionals [↑](#endnote-ref-6)