

SPIRIT AND SCIENCE IN MEDICINE

Natural Science, Spiritual Science and Medicine - Insights, Challenges and Richness.

1-3 May 2015, Sydney

Australian Anthroposophic Medical Association (AAMA)
Medical Section of School of Spiritual Science of Australia

This weekend workshop will open a door to the exploration of:

Our connection to the Spirit in Science in our medical therapeutic work; and our task in relation to this.

'Spiritual science' and 'natural science' - the task of spiritual science in extending natural scientific thinking and understanding in the medical and therapeutic world.

How can we find the enthusiasm, courage, will and understanding necessary to deepen and strengthen spiritual science in our medical work in current times?

We will live with Art as an inspiration in spiritual science and the medical and therapeutic work.

Experiential insights from the Red Window of the Goetheanum: what it awakens in us. Fear and courage in relation to our work and development as health professionals, and what we find from the images within the red window.

What is the School of Spiritual Science that underpins our work? This weekend is inspired by Class Lesson I of School of Spiritual Science. It is for Class and non-Class members.

Friday Evening:

Registration: 6pm-7.30pm.

7.30pm: Small group work (or lecture depending on venue and arrival times of interstate practitioners) –

Lecture, or sharing our current work, and discussing supports for, and hindrances to our work.

*(venue and Friday evening programme to be clarified at the end of this week depending on numbers attending and requirements of individuals. **Please enquire or RSVP Dr Narelle Savage, this week, in order to facilitate finalising venue)***

Saturday:

8.30 – Tea and coffee

9.00: Introduction

Welcome. Brief introduction to the School of Spiritual Science; and the Class work.

9.10: Therapeutic eurhythmy (Josefin Porteus)

9.40: morning tea

10.15: Talk - **"The human being: our connection with nature, medicine, the self, the world of the spirit, and our medical therapeutic task."**

Natural science and spiritual science in anthroposophically extended medicine.

What can we understand of the human being from nature and natural science, and what do we understand out of spiritual science? How does anthroposophically extended medicine benefit humanity? What is the task of anthroposophic medicine? What insights do we gain from anthroposophically extended medicine, and how can this carry us into the future?

Speaker: Dr Simon Bednarek

11.45: Small group and large group work:

How do natural science and spiritual science weave together in our therapeutic work in our various modalities of work? Current situations.

1.00: Lunch and walk

2.30: Talk - **"Connecting with our humanity and spiritual science in our work".**

What qualities do we need to develop, in order to fulfil our task in a truly living and human way in our medical and therapeutic work? What do we struggle with in this current time within ourselves, and the world, as health professionals? How much can nature guide us?

Speaker: Lisa Devine

3.50: afternoon tea:

4.20: Art: Looking into the Red Windows (watercolour painting)

What do we see in the images within the red windows? What echoes back in us? What do we want to develop in ourselves for the future for ourselves personally, and for our work?

Art therapist: Julie Lovett

5.45: Dinner

7.00: Small and large group work –

Bravery, hope and fear (small group work)

Bravery, courage and fear - how do these qualities manifest in us, in the medical world, and in our work? Where do we find our courage for our work? Does fear affect our capacity to be truly human in our work? What can help us counter any fear that arises for us, and our patients? What is the will to create the world of healing out of spirit?

8.30: Close for the day

Sunday:

8.30: Tea and coffee

9.00: Therapeutic eurhythmy or Speech

9.30: ART: Transforming yesterday's work from the red window (working with pastels)
(Julie Lovett)

11.00: Morning tea

11.45: Small and large group work –
What has arisen for us? New ways forward in our search for our human spirit and the spirit of the other,
and in our connection with the spiritual realms in our medical therapeutic work? How does spiritual
science help us with this?

1.15: Light lunch

2.00: Close

Venue –

Harmony Village, Mittagong (or Glenaeon High School, Middle Cove)

Cost: includes meals

Day only:

Whole weekend: \$100; concession \$70

Saturday only: \$65; concession \$45 Sunday only: \$45; concession \$25

Residential (Harmony at Mittagong) or Billed accommodation at Glenaeon School:

Whole weekend with accomodation: \$180; concession \$130

Friday or Saturday day only, +/- 1-2 nights: prorata

\$35 linen charge at Harmony, unless you bring your own sheets and pillow slip

RSVP: ASAP

Please advise if you are considering coming this week. We need to know numbers asap to
finalise details of venue and transport.

Transport:

To Mittagong:- Shared private car from the airport or Central Station and back again – we're hoping we
can provide enough transport for everyone as long as we have enough notice (1 hour travel).

Train to Mittagong is possible, and we can pick up from Mittagong station.

To Glenaeon – we will support transport for anyone who needs it

Contact:

Dr Narelle Savage

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* This is intended to become an annual March event. Please provide feedback on your interest in future events of this kind, including query on logistics of venue, etc.