

The Healing Power of Eurythmy

Truus Geraets Workshops

Jun/July 2015

Castlemaine	Castlemaine Steiner School 1 day workshop Mon 29 June, 10am-2pm 'The Miracle of Prevention'	\$65, \$55 conc.
Warburton	Upper Yarra Arts Centre 1 day workshop Wed 1 July, 10am-2pm 'Music in My Bones'	\$65, \$55 conc
Melbourne	MRSS Warranwood (for eurythmists & eurythmy therapists) Fri 3 July, 10am - 1pm 'Realising the Power of the Word through direct experience'	\$55
Melbourne	Abbotsford Convent Weekend workshop Sat 4 July & Sun 5 July, 10am-2pm 'Heart Health'	\$115, \$105 conc.



TRUUS GERAETS has spent a lifetime bringing eurythmy and eurythmy therapy to people at the fringes of society along with her more mainstream eurythmy therapy activities. She is a dynamo of action and the author of several books including 'The Healing Power of Eurythmy'. Truus lives in the United States and has worked in Europe and South Africa. She is currently working with the Lakota Waldorf school on the Pine Ridge Indian Reservation in South Dakota, USA.

Truus Geraets Workshops

The Miracle of Prevention

Castlemaine, Mon 29 June, 10am-2pm

Eurythmy provides the ways and means to become truly alive and to learn to be true to oneself.

Music in my Bones

Warburton, Wed 1 July, 10am-2pm

We will use healing sounds from music and poetry, which are already embedded in us.

Heart Health

Abbotsford, Sat 4-Sun 5 July, 10am-2pm

Enhancing this process of seeking balance is the fact that Eurythmy multiplies its energy by doing it together. Freedom from stress, anxiety and exhaustion (which may come from terrorist attacks, hackers or natural disasters like earthquakes).

From Anxiety to New Fulfilment in Life

Cambridge NZ 8-11 July

How can we help children overcome their deep seated fears and anxieties about the world they are finding their way into? How can we meet the hypersensitivity and hyper intellectuality that has so strong a place in the souls of many modern children? What attitude do we as parents and educators need to develop in ourselves when meeting children who have difficulty incarnating?

Realising the Power of the Word through direct experience

Warranwood, Vic Fri 3 July (An introduction for eurythmists)

IPMT Brisbane 12-19 July (For doctors and health professionals)

These workshops are intended for doctors and prescribers although other therapists and interested professionals are welcome. We will work on exercises which support the organs and processes of the rhythmic system in their relation to the soul, before branching out into the nerve-sense and metabolic systems. We will also work on experiencing the relationship of specific sounds to planetary spheres and signs of the Zodiac. How can we find the experience of 'I reach for the Stars, so the Stars can reach me?'

Bookings/Further info:

Vic workshops:

Book online at trybooking.com (search for 'The Healing Power of Eurythmy')

Email healingpowerofeurythmy@gmail.com

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Payment by direct deposit to Transforming Writer Inc.

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'Trauma in Childhood' Kolisko conference Cambridge, NZ

email kolisko2015@gmail.com

IPMT Brisbane conference:

visit the AAMA website www.aamaanthro.com