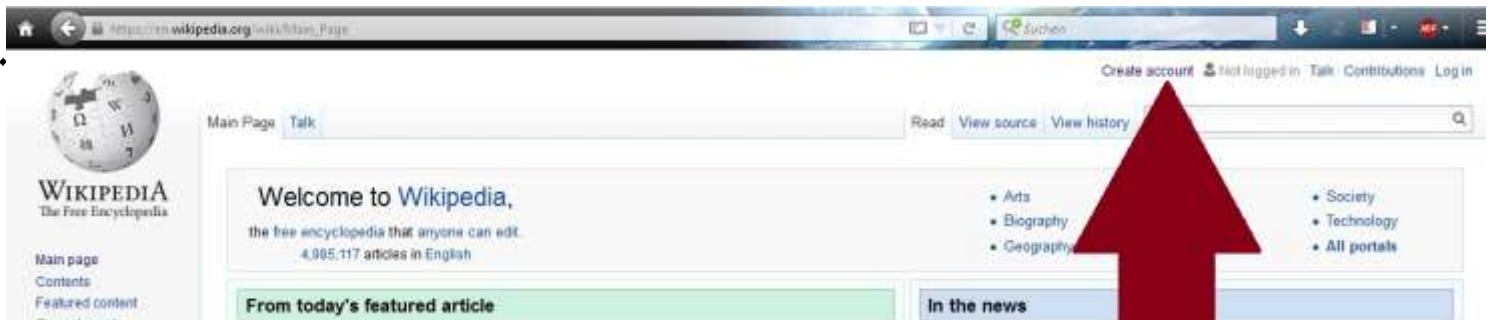


## Dear friends – become Wikipedia authors!

Wikipedia has become one of the most important and beautiful works of humanity. We all use it and could all, according to our abilities and means, be contributing to it (**especially towards improving the quality of the anthroposophic pages**). It is easy:

- **Register as a Wiki Author** (create account). It will take you only one minute (once you have figured out what your Wiki-Author name should be☺)!



- **Read the tutorial for contributing:** <https://en.wikipedia.org/wiki/Wikipedia:Tutorial> or: 'Community portal' → 'Contributing to Wikipedia' → 'Tutorial'



- **Start being an author immediately:** make little corrections and changes in neutral themes.  
<https://en.wikipedia.org/wiki/Wikipedia:Maintenance>
- **Whenever you look up anything in Wikipedia and see something that could be written better, please log in immediately and make this change.** This can be done in a few seconds.
- **By doing this you will achieve two things:**
  - First, and most importantly, you will improve Wikipedia.
  - Second, you will improve your status as a reliable and good Wikipedia author. This will give you more editorial credibility in Wikipedia. The more you do this, the more you will be respected in the Wikipedia community and the more what you write will be left as it is.
- **Please make sure that what you write is as correct and neutral as possible.** Please document what you read by adding references (preferably peer-reviewed review articles).
- **Care for Wikipedia in all the languages you speak!**
- **Use internet resources:** i.e. if the Wikipedia page on e.g. Anthroposophic Medicine in your language is not very good, you can copy-paste the German Wikipedia page (use the source text, not the shown text) into google-translator (<https://translate.google.com/>). Then translate it into your language, copy it into a word file, work though it (and discuss it with your colleagues) and then copy the needed sections into your own language's Wikipedia page on Anthroposophic Medicine.

Thank you for participating!

David Martin  
for IKAM (International Coordination of Anthroposophic Medicine) and GAÄD Academy