

IPMT 2016 July 10-17 Sydney Australia

Sunday 10.7.2016	Monday 11.7.2016	Tuesday 12.7.2016	Wednesday 13.7.2016	Thursday 14.7.2016	Friday 15.7.2016	Saturday 16.7.2016	Sunday 17.7.2016
	8.15 – 9.00 Eurythmy exercises to enliven self-experience and therapeutic intuition <i>Christiana Link</i>						
	9.05 – 10.30 Introduction to Small Group Work <i>Michaela Glöckler</i> Interactive Learning in Small Groups: Goetheanistic Exercises as a Phenomenological Approach to Nature, the Cosmos and the Human <i>Constitution: Exercises on Human Physiognomy Studies</i>						
	10.30 – 11.00 B R E A K						
	11.00 – 12.15 Text study and Thinking exercises in Small Groups working with Fundamentals of Therapy chapter 5: Plant, Animal and the Human Being (Steiner/Wegman) <i>Irmhild Kleinhenz, Lakshmi Prasanna, Michael Kokinos, Lisa Devine, Donald Palmer, Narelle Savage and Simon Bednarek</i>						<i>Closing and distribution of certificates</i>
	12.15- 14.15 M I D D A Y B R E A K						LUNCH
	14.15 -15.45 Anthroposophic Medicine in Practice I (choose one stream for the week):						
	Gastroenterology: Clinical Picture and Principles of Therapy for Heartburn, Gastritis, Dyspepsia, Irritable Bowel Syndrome, Ulcerative Colitis, Crohns and other Chronic Liver Disease <i>Assoc Prof Dr Roman Huber</i> (Doctors, Naturopaths/Homeopaths, Nurses and prescribers) Autism Spectrum Disorders and Adolescent Problems <i>Lisa Devine & Dr Lakshmi Prasanna</i> From Movement Perception to Movement Diagnosis <i>Christiana Link</i> Anthroposophic Body Therapies <i>Michael Kokinos</i>						
IPMT Registration from 15.00	B R E A K 15.45 – 16.15						
16.00	16.15 – 17.45 Anthroposophic Medicine in Practice II (choose one stream for the week):						
Welcome and Introduction to theme and working modus of IPMT Registration	Clinical Sessions – Clinical Picture and Principles of Therapy for Osteoarthritis, Rheumatoid Arthritis, Fibromyalgia and Thyroiditis (Open workshop) <i>Assoc Prof Dr Roman Huber</i> Advanced Anthroposophic Psychotherapy (For Psychotherapist, Counsellors and Doctors) <i>Lisa Devine</i> Therapeutic Eurythmy (For Therapeutic Eurythmists and Doctors with a background in TE) <i>Christiana Link</i> Anthroposophic Body Therapies <i>Michael Kokinos</i> Healing through Education <i>Dr Lakshmi Prasanna</i>						
Dinner 17.00-18.30	17.45 – 19.00 E V E N I N G B R E A K						
What is Anthroposophic Medicine in Clinical Practice? <i>Assoc Prof Dr Roman Huber</i>	19.00 – 19.30 Singing and Review of the day						
	19.30 – 21.00 Understanding “the healer within”, the spiritual salutogenic resource of the higher self. The spiritual law of reincarnation and karma and its relevance for illness and health. <i>Dr Michaela Glöckler</i>						

Language to be used: English

For further information: Dr Simon Bednarek simon.bednarek@gmail.com Registrations: ipmt2016@weledatrust.org.nz