



*And I am gripped by long-thought conquered longing
For realms of spirit still and sage –
J.W. Goethe in the “Dedication” to Faust*

Newsletter to the co-workers of the anthroposophic medical movement, Easter 2016



From left to right: 1. The eastern European grouping for Anthroposophic Medicine formed on 10 March 2016 in Timișoara/RO, see News. 2. Premiere of the “Little Prince” on 25 March 2016: inclusive theatre in Yekaterinburg/RU. 3. “Life Cross”, www.lebenskreuz.com. 4. Shanti Leprahilfe cookshop, Easter 2016 in Kathmandu/NP

Dear Friends,

Goethe prefaces his *Faust* with a Dedication which reaches its culmination when he wishes to assure himself of his intentions with regard to this work in respect of the spiritual world. Rudolf Steiner refers to living with such an awareness of the threshold to the spiritual world as that “intimate element of central European culture” (GA 159/160). A central place in this regard is occupied by our coexistence with the deceased and the knowledge of their experiences after death and its support. When people die prematurely in war or disasters they take much un-lived life across with them – they then need spiritually awakened, interested human souls on earth who can make use of these excess forces which serve to spiritualise civilisation. What at the time was described as a European task has since the Second World War become a global task – a task for all people who wish to be involved in the ever more necessary spiritualisation of our civilisation.

About 60 million people continue to flee their homes – Europe is divided about its own values and possibilities of acting as a model and in a humane manner. All the more pleasing, then, that at this time a strong anthroposophical initiative has arisen in Greece, a country which faces particularly severe challenges, to support Waldorf education, medicine and agriculture. What touched me particularly in working with this group in Athens at Easter was the warmth and cohesion which lived among these people. There was also the special fact that there is no need to explain the Greek terms anthroposophy and etheric (body) because everyone understands them directly out of the word itself ...

The battle with the ghosts of National Socialism and the anxiety and uncertainty everywhere in Europe which overshadowed the Easter festival this year has been countered by the ELIANT Alliance with an initiative: we have redesigned our website so that it is accessible in all European languages and can report about the initiatives of applied anthroposophy. But that is not all. It is a matter of great concern to us also to draw attention to other related endeavours which are ecologically and culturally forward-looking and value-based – not just in Europe but worldwide. We would like to ask you very warmly to draw our attention to important links to such model initiatives which we do not yet have and also to give us feedback in general about what we could still do better: <https://eliant.eu/de/home/>

With warm thanks and kind regards for Easter time,
Michaela Glöckler

Other news

First chair for alternative medicine in Norway: Three months ago Prof. Dr rer. nat. Frauke Musial – a familiar face to some of us – accepted the offer of a research professorship from the respected National Research Centre in Complementary and Alternative Medicine/NAFKAM at Tromsø University. Prof. Musial worked for several years as research director for the Carstens Foundation at the Essen Clinic:

http://www.nifab.no/aktuell/nifab/norges_foerste_professor_innen_alternativ_behandling

South-east European Coordination for Anthroposophic Medicine/SEECAM: On the initiative of the Romanian pharmacist Ciprian Militaru, an umbrella association for anthroposophical physicians in Russia, Ukraine, Hungary, Slovenia, Croatia, Bosnia-Herzegovina, Macedonia, Serbia, Romania, Bulgaria and Greece will be established as a common platform for organising conferences and for reciprocal support and information about health policy. A website will be launched. Contact (in English please): ciprian.militaru@christianrosenkreutz.org

Video clip “Meditation and health – experience it, practice it, encounter it”: People who meditate regularly live a more healthy life, are more mentally balanced and display greater empathy for their fellow human beings. That is shown by numerous research results. The latter as well as practical experiences with anthroposophical meditation were discussed and examined at the “Meditation and health” conference in Berlin-Kreuzberg in March 2016: <https://youtu.be/rHk1WntIROA>

Petition for the sensitive implementation of school integration in Switzerland: Every signature counts! People in all countries can sign! Important special needs establishment at risk!

http://www.petitionen24.com/petition_fur_eine_sorgfaltige_umsetzung_schulischer_integration

Media literacy test according to Paula Bleckmann: This book, the fifth edition of which appeared in 2016, shows how children can with the support of their parents become media literate instead of addicted and includes helpful media literacy tests regarding CDs, DVDs and the PC:

<https://www.klett-cotta.de/buch/Erziehungsratgeber/Medienmuendig/21847>

Book recommendations

Torin M. Finser: *Leadership Development. Change from the inside out.* SteinerBooks 2016, steiner.presswarehouse.com/books/AuthorDetail.aspx?id=23986

W. Gädeke: *Viel mehr als nur die Antwort auf meine Frage. R. Steiner als Seelsorge.* Urachhaus 2016

Peter Heusser: *Anthroposophie und Wissenschaft. Eine Einführung.* Verlag am Goetheanum 2016

Renate Künne: *Hahnemann’s Idea of the Vital Force: Fiction, Construct or Reality?* Homeopathic Links 2015, 4:255-259, www.thieme-connect.com/products/ejournals/abstract/10.1055/s-0035-1566238

Giovanni Maio: *Den kranken Menschen verstehen: Für eine Medizin der Zuwendung.* Herder Verlag 2015

Rudolf Steiner: *The Course for Speakers to Promote the Idea of Threefolding (CW 338).* SteinerBooks 2015, <https://steiner.presswarehouse.com/Books/BookDetail.aspx?productID=454704>

Dates and events

- 28-29.5.2016 Seminar on familiarisation with metal colour light in Schwörstadt/DE. To obtain a seminar flyer: tel./fax 0049 (0)7762-80 50 80 or lichtblick@metallfarblicht.de
- 4-11.6.2016 IPMT in Iloilo/Philippines:
www.medsektion-goetheanum.org/EYED2/files/file/pdf_EN/14_Philippinen_2016_engl.pdf
- 9-11.6.2016 International Congress for Integrative Health & Medicine in Stuttgart/DE: early bird discount until 30.4.2016! <http://www.icihm.org/en/>**
- 26.6-1.7.2016 Renewal Course in Wilton/New Hampshire: The Spiritual Laws of Reincarnation and Destiny and Their Relevance for Health and Illness in Human Biography:
www.centerforanthroposophy.org/programs/renewal-courses/course-listings/
- 30.6.-2.7.2016 Medicinal plant trip of the Association for Anthroposophically Extended Pharmacy in Switzerland/VAEPS. Further information at www.vaeps.ch
- 9-11.9.2016 9th European Congress for Integrative Medicine in Budapest/HU:
www.ecim2016budapest.com
- 15-18.9.2016 International annual conference of the Medical Section: The etheric body as source of the developmental forces. Programme and registration:
http://www.medsektion-goetheanum.org/EYED2/files/file/pdf_EN/JK_2016_Programm&Anmeldung_EN_neu.pdf

Dornach, 2 April 2016