



# Eugen-Kolisko-Academy

*International School of Anthroposophic Medicine*

## Clinical Foundation Course 2017 – 2019

Yearly 4-week modules



Implemented in  
cooperation with:

**Die Filderklinik** 



**Medizinische Sektion  
am Goetheanum**



“Anthroposophy is a path of knowledge, to guide the Spiritual in the human being to the Spiritual in the universe.”

**Rudolf Steiner**



“Live as if you were to die tomorrow. Learn as if you were to live forever.”

**Mahatma Gandhi**



“The highest task of education is to take command of one's transcendental self, to be the I of one's I. Our lack of complete insight into - and understanding of - others is thus not surprising: without perfect self-understanding one will never learn to truly understand others.”

**Novalis**



# Welcome

Eugen Kolisko 1893-1939



## Welcome to the Eugen-Kolisko-Academy!

With the new international Clinical Foundation Course we wish to offer doctors and students from around the world a chance to deepen their faculties of perception, clinical thinking and therapy. Based on 30 years of experience in teaching, the Clinical Foundation Course strives to enable an artistic and scientific understanding of what we really are as human beings and how nature and our own inner resources can complement modern medicine in enabling health and development.

We look forward to hearing from you!

Dr. med. Armin Husemann

Prof. Dr. med. David Martin

# A Welcome from the Medical Section at the Goetheanum

**The Medical Section** is one of 11 specialist sections of the School of Spiritual Science at the Goetheanum in Dornach/Switzerland.

*Its tasks comprise:*

- ✓ Coordinating and supporting research and development of anthroposophic medicine and its different forms of therapy worldwide.
- ✓ Organisation of events about anthroposophic medicine.
- ✓ Provision and accreditation of training and advanced training.



## **Greetings from the Medical Section at the Goetheanum**

After 15 years of International Postgraduate Medical Trainings (IPMT) in 26 countries there is an increasing need for opportunities to meet Anthroposophic Medicine under hospital conditions and for further learning. The Clinical Foundation Course offers a broad range of subjects and patient presentations from anthroposophic-integrative hospitals as well as a wonderful chance for further professional and personal development. We look forward to seeing you there!



# The Eugen-Kolisko-Academy and the Filderklinik



**The Eugen-Kolisko-Academy** was developed by Armin Husemann out of the Ärzteseminar, founded in 1987 by Thomas McKeen and Jürgen Schurholz for the purpose of training doctors in Anthroposophic Medicine.

**Over 500 doctors**, coming from every continent, have since taken this training. In 2017 the Academy will inaugurate the International Clinical Foundation Course of Anthroposophic Medicine led by David Martin.

f.l.t.r. **Michaela Glöckler**  
(Leader of the Medical Section 1988-2016,  
Founder and Leader of the IPMT movement)  
**Matthias Girke** and  
**Georg Soldner** (Leader and deputy Leader of the Medical Section as of September 2016)

**The Filderklinik** is one of the three major anthroposophic Hospitals in Germany. As the regional hospital of the Filder region including Stuttgart Airport, it offers modern conventional medicine extended with anthroposophic and integrative Medicine. It caters for the general medical problems of the surrounding population as well as for special problems of patients from around the world. The medical services of the Filderklinik include Internal Medicine, Psychosomatic Medicine for adults, adolescents and families, Surgery, Gynecology and Obstetrics, Anesthesia, Intensive Care, Radiology and Pediatrics, as well as a large outpatient and emergency department. A large team of artistic, movement, music and social therapists, good food and friendly architecture make the hospital a very special place.

# Anthroposophic Medicine



**Anthroposophic Medicine (AM)** is an integrative multimodal treatment system based on a holistic understanding of human being and nature and of disease and treatment. It builds on a concept of four levels of formative forces and on the model of a three-fold human constitution. Conventional medicine and modern scientific thinking is the necessary basis for AM, be it in individual practices or large hospitals. AM enriches the spectrum of medicines and medical possibilities with medicines derived from plants, minerals, and animals; art therapy, eurythmy therapy, and rhythmical massage; counseling; psychotherapy; and specific nursing techniques such as external embrocation (Einreibung). Anthroposophic healthcare is provided by medical doctors, therapists, and nurses. Personal inner work (such as meditation) is encouraged for both patients and providers. A Swiss Health-Technology Assessment Report and its recent update identified 265 clinical studies on the efficacy and effectiveness of anthroposophic medicine. The outcomes were described as significantly positive (in 253 out of 265 studies), finding no major risk and good tolerability. Economic analyses found a favorable cost structure. Patients report high satisfaction with anthroposophic healthcare.

# Location of the Clinical Foundation Course

The location of the Eugen-Kolisko-Academy and the Filderklinik is between Stuttgart and Tübingen, close to the Stuttgart Airport.



We are surrounded by a friendly blend of beautiful countryside and interesting towns and cities. The region offers a high density of culture and anthropic initiatives in all fields of life.



# Description of the Clínical Foundation Course



**The Clinical Foundation Course** is an intensive seminar in Anthroposophic Medicine. It is designed for doctors and medical students who wish to deepen their knowledge and abilities in this field. Other professionals may also apply and may be admitted upon individual assessment. The Clinical Foundation Course offers a lecture every morning with Dr. med. Armin Husemann and/or Prof. Dr. med. David Martin, followed by in-depth case presentations from the Filderklinik and surrounding practices. Music and eurythmy therapy courses form a thread throughout the complete course to facilitate self-development and therapeutic skills. Guest speakers offer block courses on various disciplines and clinical specialties. Visits to other hospitals, pharmaceutical companies and special locations complement the courses.

# Recommended literature

## **A Guide to Child Health: A Holistic Approach to Raising Healthy Children**

by Michaela Glöckler and Wolfgang Goebel

ISBN: 978-0863159671

Written for parents, a bestseller in Germany.

## **Anthroposophic Medicine 2006**

by Gunver Kienle, Helmut Kiene,  
Hans-Ulrich Albonico

ISBN: 978-3794524952

Review of efficacy, costs, safety.

## **Individual Paediatrics: Physical, Emotional and Spiritual Aspects of Diagnosis and Counseling**

by Georg Soldner and Michael Stellmann

ISBN: 978-1482207293

## **Fundamentals of Therapy**

by Rudolf Steiner and Ita Wegman

ISBN: 978-1162594668

## **The harmony of the Human Body**

Armin Husemann

ISBN: 978-0863153808

Applies musical principles to gain insight into the structure and development of the human body.

## **Human Hearing and the Reality of Music**

Armin Husemann

ISBN: 978-1621480488

Music is not simply something we hear. We experience it and love it; it is a primal human need.

## **Functional Morphology: The Dynamic Wholeness of the Human Organism**

by Johannes Rohen and Cathy Sims-O'Neil

ISBN: 978-0932776365

Threefold, holistically detailed discussion of anatomy and physiology by an author of renowned medical anatomy texts.

## **Vademecum of Anthroposophic Medicines**

CD format 1st English Ed. 2009.

Guide to many anthroposophic medicines.

[www.merkurstab.de/vademecum](http://www.merkurstab.de/vademecum)

## **Internal Medicine**

by Dr. med. Matthias Girke

ISBN: 978-3-928914-29-1

Foundations and therapeutic concepts of anthroposophic medicine.

## **[www.anthromedics.org](http://www.anthromedics.org)**

offers over 6000 papers on AM.

# Contents and aims of the Clínical Foundation Course

## **Basic concepts of anthroposophic medicine and their practical application**

include the two, three and four-fold view of the human being, salutogenesis and pathogenesis, inflammation and sclerosis, the large organs and their pathologies, approaches to understanding therapies, child development, biographical laws and questions as to the relationships between body, soul and spirit.

**The scientific basis of anthroposophic medicine** and the relationship between AM and conventional medicine will be addressed so that students understand that anthroposophy is based on science and welcomes all scientific observations. Students should become familiar with the concepts of circular evidence and know what forms of evidence can be relied upon in which situation. Knowing how to access and judge the quality of information is of paramount importance.

**The art of anthroposophic medicine includes** taking medical history, dealing in a scientifically founded way with fever and many acute and chronic illnesses, using basic anthroposophic medicines, knowing the limitations of anthroposophic medicine and understanding enough about eurythmy therapy, speech therapy, music therapy, rhythmical massage, art therapy etc. to be able to prescribe them and communicate with the therapist.

**Self and society:** As doctors and therapists we have power. Power requires wisdom if it is to be used for the good of all. Therefore it is necessary that we think very clearly about our relationship to our patients, to society and to money on a micro and macro level. Such thinking can lead to contemplation, meditation and the wish to engage in one's own inner path. Further, we need to become acquainted with important skills and concepts regarding our own time and self-management in order to prevent ourselves and our staff from burnout. We also need to know something about the rights and limitations of anthroposophic medicine, who is responsible for what, how we can contribute to a healthy and solid development of medicine in general and AM in particular, and what successful models of practice exist.

# TIMETABLE 2017 (Week 1)

subject to change

SUNDAY 14.05.2017	MONDAY 15.05.2017	TUESDAY 16.05.2017	WEDNESDAY 17.05.2017	THURSDAY 18.05.2017	FRIDAY 19.05.2017	SATURDAY 20.05.2017	SUNDAY 21.05.2017
			<b>8:00 - 10:00</b> <b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin				
			<b>10:00 - 10:30</b> <b>Break</b>				
	<b>10:30 - 11:30</b> <b>Investigating consciousness</b> Dr. phil. Serge Maintier & Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> <b>Psycho-somatic case</b> Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> <b>Research</b> Dr. phil. Serge Maintier & Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> <b>Colloquium</b>	<b>10:30 - 11:30</b> <b>Speech</b> Dr. phil. Serge Maintier & Prof. Dr. med. David Martin		
		<b>11:45 - 13:00</b> <b>Eurythmy therapy</b> Pirkko Ollilainen		<b>11:45 - 13:00</b> <b>Music</b> Marco Bindelli	<b>11:45 - 13:00</b> <b>Music</b> Marco Bindelli		
			<b>13:00 - 15:00</b> <b>Lunch Break</b>				
	<b>15:00 - 15:50</b> <b>Pediatric Eurythmy case</b> Evelyn Warnet	<b>Starting 14:30</b> <b>Tour of the Filderlinik</b>	<b>15:00 - 15:50</b> <b>Psychosomatic case</b> Stephan Strauß & Boris Krause	<b>15:00 - 15:50</b> <b>Adult case</b> Dr. Andreas Goyert	<b>15:00 - 15:50</b> <b>Adult case</b> Dr. Andreas Goyert		
<b>Starting 17:00</b> <b>Welcome dinner</b>	<b>Speech Therapy - Self-Development, Research and Clinical Practice</b> Dr. phil. Serge Maintier and Prof. Dr. med. David Martin						
						<b>Excursion Schwäbische Alb</b>	<b>Rest</b>

# TIMETABLE 2017 (Week 2)

subject to change

MONDAY 22.05.2017	TUESDAY 23.05.2017	WEDNESDAY 24.05.2017	THURSDAY 25.05.2017	FRIDAY 26.05.2017	SATURDAY 27.05.2017	SUNDAY 28.05.2017
<p><b>8:00 - 10:00</b>  <b>The Foundation of Anthroposophic Medicine</b>                      Dr. med. Armin Husemann and Prof. Dr. med. David Martin</p>						
<p><b>10:00 - 10:30</b>                      Break</p>						
<p><b>10:30 - 11:30</b>  <b>Investigating consciousness</b>                      Dr. phil. Serge Maintier &amp; Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b>  <b>Psychosomatic case</b>                      Stephan Strauß &amp; Boris Krause</p>	<p><b>10:30 - 11:30</b>  <b>Research</b>                      Dr. phil. Serge Maintier &amp; Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b>  <b>Colloquium</b></p>	<p><b>10:30 - 11:30</b>  <b>The heart-anthroposophic approaches to therapy</b>                      Dr. med Tobias Sprenger</p>	<p><b>Rest or excursion</b></p>	
<p><b>11:45 - 13:00</b>  <b>Eurythmy therapy</b>                      Pirkko Ollilainen</p>						
<p><b>13:00 - 15:00</b>                      Lunch Break</p>						
<p><b>15:00 - 15:50</b>  <b>Pediatric Eurythmy case</b>                      Silvia van Ledden</p>	<p><b>15:00 - 15:50</b>  <b>Pediatric case</b></p>	<p><b>15:00 - 15:50</b>  <b>Psychosomatic case</b>                      Stephan Strauß &amp; Boris Krause</p>	<p><b>15:00 - 15:50</b>  <b>An integrative view of Stress</b>                      Dr. med Tobias Sprenger</p>	<p><b>15:00 - 18:00</b>  <b>Religion and health creation</b>                      Dr. med. Tobias Sprenger</p>	<p><b>Rest</b></p>	
<p><b>16:00 - 18:00</b>  <b>Speech Therapy - Self-Development, Research and Clinical practice and Clinical Practice</b>                      Dr. phil. Serge Maintier and Prof. Dr. med. David Martin</p>						
			<p><b>16:00 - 18:00</b>  <b>Treatment of Stress Disorders</b>                      Dr. med. Tobias Sprenger</p>			

# TIMETABLE 2017 (Week 3)

subject to change

MONDAY 29.05.2017	TUESDAY 30.05.2017	WEDNESDAY 31.05.2017	THURSDAY 01.06.2017	FRIDAY 02.06.2017	SATURDAY 03.06.2017	SUNDAY 04.06.2017
<b>8:00 - 10:00</b>						
<b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin						
<b>10:00 - 10:30</b> Break						
<b>10:30 - 11:30</b> Investigating consciousness Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> Psychosomatic case Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> Research in Anthr. Medicine Dr. med. Jan Vagedes & Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> Colloquium	<b>10:30 - 11:30</b> Medicinal plants Prof. Dr. med. David Martin & Students	<b>Rest</b>  Clinical day at Öschelbronn Hospital and Abnoba Viscum production site	
<b>11:45 - 13:00</b> Eurythmy therapy Pirkko Ollilainen		<b>11:45 - 13:00</b> Music Marco Bindelli		<b>11:45 - 13:00</b> Music Marco Bindelli		
<b>13:00 - 15:00</b> Lunch Break						
<b>15:00 - 15:50</b> Pediatric Eurythmy case Silvia van Ledden	<b>15:00 - 15:50</b> Pediatric case	<b>15:00 - 15:50</b> Psychosomatic case Stephan Strauß & Boris Krause	<b>15:00 - 15:50</b> Adult case Dr. med. Harald Merckens	<b>15:00 - 15:50</b> Adult case Dr. med. Harald Merckens		
<b>16:00 - 18:00</b>						
<b>The Scientific Foundation of Anthroposophic Medicine</b> Prof. Dr. med. Peter Heusser						

# TIMETABLE 2017 (Week 4)

subject to change

MONDAY 05.06.2017	TUESDAY 06.06.2017	WEDNESDAY 07.06.2017	THURSDAY 08.06.2017	FRIDAY 09.06.2017	SATURDAY 10.06.2017	SUNDAY 11.06.2017
<b>8:00 - 10:00</b>						
<b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin						
<b>10:00 - 10:30</b> Break						
<b>10:30 - 11:30</b> Rhythm. Massage - Diagnosis and Therapy through your hands Hélène Martin	<b>10:30 - 11:30</b> Psycho- somatic case Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> Rhythm. Massage - Diagnosis and Therapy through your hands Hélène Martin	<b>10:30 - 11:30</b> Colloquium	<b>10:30 - 11:30</b> Medicinal plants Dr. med. Jan Vagedes	<b>09:00 - 13:00</b> Review and open space	
<b>11:45 - 13:00</b> Eurythmy therapy Pirkko Ollilainen			<b>11:45 - 13:00</b> Music Marco Bindelli	<b>11:45 - 13:00</b> Music Marco Bindelli		
<b>13:00 - 15:00</b> Lunch Break						
<b>15:00 - 18:00</b> Rhythmical Massage - Diagnosis and Therapy through your hands Hélène Martin						
<b>15:00 - 15:50</b> Music Therapy case Monica Bissegger			<b>15:00 - 15:50</b> Music Therapy case Monica Bissegger		<b>Travel home</b>	
<b>16:00 - 18:00</b> The inner Path Dr. med. Michaela Glöckler			<b>16:00 - 18:00</b> The inner Path Dr. med. Michaela Glöckler			
<b>Starting 19:00</b> Leaving Party						

# TIMETABLE 2018 (week 1)

subject to change

SUNDAY 15.04.2018	MONDAY 16.04.2018	TUESDAY 17.04.2018	WEDNESDAY 18.04.2018	THURSDAY 19.04.2018	FRIDAY 20.04.2018	SATURDAY 21.04.2018	SUNDAY 22.04.2018
	8:00 - 10:00 <b>Sal Merkur Sulfur</b> Philipp Busche	8:00 - 10:00 <b>The soul and its spirit in diagnosis and therapy</b> James Dyson MD					
	10:30 - 11:30 <b>Investigating consciousness</b> Prof. Dr. med. David Martin	10:00 - 10:30 <b>Break</b>	10:30 - 11:30 <b>Psychotherapy Research</b> James Dyson MD and Prof. Dr. med. David Martin	10:30 - 11:30 <b>Colloquium</b>	10:30 - 11:30 <b>Medical plants</b> Students	Excursion to Tübingen botanical gardens and town  Rest	
	11:45 - 13:00 <b>Eurythmy therapy</b> Pirkko Ollilainen	10:30 - 11:30 <b>Psycho-somatic case</b> Stephan Strauß & Boris Krause	10:30 - 11:30 <b>Music Therapy case</b> Doris Dorfmeister-Popp / Miriam Keiml				
	15:00 - 15:50 <b>Pediatric Eurythmy case</b> Silvia van Ledden	15:00 - 15:50 <b>Sal Merkur Sulfur</b> Philipp Busche	13:00 - 15:00 <b>Lunch Break</b>	15:00 - 15:50 <b>Adult case</b>	15:00 - 15:50 <b>Adult case</b>		
	16:00 - 18:00 <b>Sal Merkur Sulfur</b> Philipp Busche	16:00 - 18:00 <b>The soul and its spirit in diagnosis and therapy</b> Philipp Busche		16:00 - 18:00			
<b>Starting 17:00</b> <b>Welcome dinner</b>							

# TIMETABLE 2018 (week 2)

subject to change

MONDAY 23.04.2018	TUESDAY 24.04.2018	WEDNESDAY 25.04.2018	THURSDAY 26.04.2018	FRIDAY 27.04.2018	SATURDAY 28.04.2018	SUNDAY 29.04.2018
<p><b>8:00 - 10:00</b>  <b>The Foundation of Anthroposophic Medicine</b>            Dr. med., Armin Husemann and Prof. Dr. med. David Martin</p>						
<p><b>10:00 - 10:30</b>  <b>Break</b></p>						
<p><b>10:30 - 11:30</b>  <b>Investigating consciousness</b>            Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b>  <b>Psycho-somatic case</b>            Stephan Strauß &amp; Boris Krause</p>	<p><b>10:30 - 11:30</b>  <b>Research in Anthr. Medicine</b>            Dr. med. Jan Vagedes &amp; Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b>  <b>Colloquium</b></p>	<p><b>10:30 - 11:30</b>  <b>Medicinal plants</b>            Prof. Dr. med. David Martin &amp; Students</p>	<p><b>Excursion to WALA and their botanical gardens in Bad Boll</b></p>	<p><b>Rest</b></p>
<p><b>11:45 - 13:00</b>  <b>Eurythmy therapy</b>            Pirkko Ollilainen</p>			<p><b>10:30 - 11:30</b>  <b>Music Therapy case</b>            Doris Dorfmeister-Popp / Miriam Keiml</p>			
<p><b>13:00 - 15:00</b>  <b>Lunch Break</b></p>						
<p><b>15:00 - 15:50</b>  <b>Pediatric Eurythmy case</b>            Evelyn Warnet</p>	<p><b>15:00 - 15:50</b>  <b>Pediatric case</b></p>	<p><b>15:00 - 15:50</b>  <b>Psychosomatic case</b>            Stephan Strauß &amp; Boris Krause</p>	<p><b>15:00 - 15:50</b>  <b>Adult case</b></p>	<p><b>15:00 - 15:50</b>  <b>Adult case</b></p>		
<p><b>16:00 - 18:00</b>  <b>Anthroposophic adult and child and youth Psychiatry and psychosomatics</b>            Prof. Dr. med. Peter Heusser</p>		<p><b>16:00 - 18:00</b>  <b>Anthroposophic approach to dermatology</b>            Prof. Dr. med. Dipl. Biol. Christoph M. Schempp</p>				

# TIMETABLE 2018 (week 3)

subject to change

MONDAY 30.04.2018	TUESDAY 01.05.2018	WEDNESDAY 02.05.2018	THURSDAY 03.05.2018	FRIDAY 04.05.2018	SATURDAY 05.05.2018	SUNDAY 06.05.2018
<b>8:00 - 10:00</b>						
<b>The Foundation of Anthroposophic Medicine</b> Dr. med., Armin Husemann and Prof. Dr. med. David Martin						
<b>10:00 - 10:30</b> Break						
<b>10:30 - 11:30</b> Investigating consciousness Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> Psychosomatic case Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> Research in Anthr. Medicine Dr. med. Jan Vagedes & Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> Colloquium	<b>10:30 - 11:30</b> Medicinal plants Prof. Dr. med. David Martin & Students	<b>Clinical day at the Paracelsus Hospital in Unterlengenhardt</b>	
<b>11:45 - 13:00</b> Eurythmy therapy Pirkko Ollilainen			<b>11:45 - 13:00</b> Music Marco Bindelli	<b>11:45 - 13:00</b> Music Marco Bindelli		
<b>13:00 - 15:00</b> Lunch Break						
<b>15:00 - 15:50</b> Pediatric Eurythmy case Silvia van Ledden	<b>15:00 - 15:50</b> Pediatric case	<b>15:00 - 15:50</b> Psychosomatic case Stephan Strauß & Boris Krause	<b>15:00 - 18:00</b> Temperature Regulation and Physical Therapies Prof. Dr. med. Roman Huber		<b>15:00 - 18:00</b> Anthroposophic Medicine in hospitals Prof. Dr. med. Harald Matthes	
<b>16:00 - 18:00</b>						
<b>Anthroposophic Supportive Treatment in Internal Medicine, Surgery and Intensive Care</b> Rolf Heine, Prof. Dr. med. David Martin, Dr. med. Jan Vagedes						

# TIMETABLE 2018 (week 4)

subject to change

MONDAY 07.05.2018	TUESDAY 08.05.2018	WEDNESDAY 09.05.2018	THURSDAY 10.05.2018	FRIDAY 11.05.2018	SATURDAY 12.05.2018	SUNDAY 13.05.2018
<p><b>8:00 - 10:00</b></p> <p><b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin</p>						
<p><b>10:00 - 10:30</b></p> <p><b>Break</b></p>						
<p><b>10:30 - 11:30</b></p> <p><b>Investigating consciousness</b> Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b></p> <p><b>Psychosomatic case</b> Stephan Strauß &amp; Boris Krause</p>	<p><b>10:30 - 11:30</b></p> <p><b>Research in Anthr. Medicine</b> Dr. med. Jan Vagedes &amp; Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b></p> <p><b>Colloquium</b></p>	<p><b>10:30 - 11:30</b></p> <p><b>Medicinal plants</b> Dr. med. Jan Vagades</p>	<p><b>09:00 - 13:00</b></p> <p><b>Review and open space</b></p>	
<p><b>11:45 - 13:00</b></p> <p><b>Eurythmy therapy</b> Pirkko Ollilainen</p>						
<p><b>13:00 - 15:00</b></p> <p><b>Lunch Break</b></p>						
<p><b>15:00 - 15:50</b></p> <p><b>Pediatric Eurythmy case</b> Evelyn Warnet</p>	<p><b>15:00 - 15:50</b></p> <p><b>Pediatric case</b></p>	<p><b>15:00 - 15:50</b></p> <p><b>Psychosomatic case</b> Stephan Strauß &amp; Boris Krause</p>	<p><b>15:00 - 15:50</b></p> <p><b>Music Therapy case</b> Doris Dorfmeister-Popp &amp; Miriam Keiml</p>	<p><b>15:00 - 15:50</b></p> <p><b>Music Therapy case</b> Doris Dorfmeister-Popp &amp; Miriam Keiml</p>	<p><b>End of 4-week module</b></p>	<p><b>Travel home</b></p>
<p><b>16:00 - 18:00</b></p> <p><b>The School Doctor and Child Development- inner and outer aspects</b> Dr. med. Silke Schwarz and Prof. Dr. med. David Martin</p>						
						<p><b>Starting 19:00</b></p> <p><b>Leaving Party</b></p>

# TIMETABLE 2019 (Week 1)

subject to change

SUNDAY 19.05.2019	MONDAY 20.05.2019	TUESDAY 21.05.2019	WEDNESDAY 22.05.2019	THURSDAY 23.05.2019	FRIDAY 24.05.2019	SATURDAY 25.05.2019	SUNDAY 26.05.2019
			<b>8:00 - 10:00</b> <b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin				
			<b>10:00 - 10:30</b> Break				
	<b>10:30 - 11:30</b> <b>Investigating consciousness</b> Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> <b>Psycho-somatic case</b> Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> <b>Research in Anthr. Medicine</b> Dr. med. Jan Vagedes & Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> <b>Colloquium</b>	<b>10:30 - 11:30</b> <b>Medicinal plants</b> Prof. Dr. med. David Martin & Students		
			<b>11:45 - 13:00</b> <b>Eurythmy therapy</b> Pirkko Ollilainen		<b>10:30 - 11:30</b> <b>Music</b> Marco Bindelli	<b>10:30 - 11:30</b> <b>Music</b> Marco Bindelli	
			<b>13:00 - 15:00</b> Lunch Break				
	<b>15:00 - 15:50</b> <b>Pediatric Eurythmy case</b> Evelyn Warnet	<b>15:00 - 15:50</b> <b>Pediatric case</b> Evelyn Warnet	<b>15:00 - 15:50</b> <b>Psycho-somatic case</b> Stephan Strauß & Boris Krause	<b>15:00 - 15:50</b> <b>Adult case</b>	<b>15:00 - 15:50</b> <b>Adult case</b>		
			<b>16:00 - 18:00</b> <b>Anthroposophic Medicine and Gynecology, Pregnancy and the Newborn</b> Dr. med. Ruth Dörfel and others				
<b>Starting 17:00</b> <b>Welcome dinner</b>							
						<b>Excursion to WELEDA botanical garden in Schwäbisch Gmünd</b>	<b>Rest</b>

# TIMETABLE 2019 (week 2)

subject to change

MONDAY 27.05.2019	TUESDAY 28.05.2019	WEDNESDAY 29.05.2019	THURSDAY 30.05.2019	FRIDAY 31.05.2019	SATURDAY 01.06.2019	SUNDAY 02.06.2019
<p><b>8:00 - 10:00</b>  <b>The Foundation of Anthroposophic Medicine</b>                      Dr. med. Armin Husemann and Prof. Dr. med. David Martin</p>						
<p><b>10:00 - 10:30</b>                      Break</p>						
<p><b>10:30 - 11:30</b>  <b>Investigating consciousness</b>                      Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b>  <b>Psycho-somatic case</b>                      Stephan Strauß &amp; Boris Krause</p>	<p><b>10:30 - 11:30</b>  <b>Research in Anthr. Medicine</b>                      Dr. med. Jan Vagedes &amp; Prof. Dr. med. David Martin</p>	<p><b>10:30 - 11:30</b>  <b>Colloquium</b></p>	<p><b>10:30 - 11:30</b>  <b>Medicinal plants</b>                      Student presentations</p>	<p><b>10:30 - 18:00</b>  <b>Rhythmical Massage - a refresher</b>                      Hélène Martin and Prof. Dr. med. David Martin</p>	
<p><b>11:45 - 13:00</b>  <b>Eurythmy therapy</b>                      Pirkko Ollilainen</p>						
<p><b>13:00 - 15:00</b>                      Lunch Break</p>						
<p><b>15:00 - 15:50</b>  <b>Pediatric Eurythmy case</b>                      Evelyn Warnet</p>	<p><b>15:00 - 15:50</b>  <b>Pediatric case</b></p>	<p><b>15:00 - 15:50</b>  <b>Psychosomatic case</b>                      Stephan Strauß &amp; Boris Krause</p>	<p><b>15:00 - 15:50</b>  <b>Adult case</b></p>	<p><b>15:00 - 15:50</b>  <b>Adult case</b></p>	<p><b>16:00 - 18:00</b>  <b>Anthroposophic and Integrative Pediatrics</b>                      Dr. med. Till Reckert, Dr. med. Jan Vagedes, Dr. med. Markus Krüger, Prof. Dr. med. David Martin</p>	
<p><b>11:45 - 13:00</b>  <b>Music</b>                      Marco Bindelli</p>						
<p><b>11:45 - 13:00</b>  <b>Music</b>                      Marco Bindelli</p>						

# TIMETABLE 2019 (Week 3)

subject to change

MONDAY 03.06.2019	TUESDAY 04.06.2019	WEDNESDAY 05.06.2019	THURSDAY 06.06.2019	FRIDAY 07.06.2019	SATURDAY 08.06.2019	SUNDAY 09.06.2019
<b>8:00 - 10:00</b> <b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin			<b>8:00 - 18:00</b> <b>Excursion to Klinik Arlesheim and to the Geotheanum with case presentations and lectures by</b>  Dr. med. Matthias Girke, Georg Soldner, Prof. Dr. med. Peter Selg, Dr. med. Maurice Orange, Philipp Busche and others			
<b>10:00 - 10:30</b> <b>Break</b>						
<b>10:30 - 11:30</b> <b>Investigating consciousness</b> Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> <b>Psychosomatic case</b> Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> <b>Research in Anthr. Medicine</b> Dr. med. Jan Vagedes & Prof. Dr. med. David Martin				
<b>11:45 - 13:00</b> <b>Eurythmy therapy</b> Pirkko Ollilainen						
<b>13:00 - 15:00</b> <b>Lunch Break</b>						
<b>15:00 - 15:50</b> <b>Pediatric Eurythmy case</b> Silvia van Ledden	<b>15:00 - 15:50</b> <b>Pediatric case</b>	<b>15:00 - 15:50</b> <b>Psychosomatic case</b> Stephan Strauß & Boris Krause				
<b>16:00 - 18:00</b> <b>Possible contributions of AM to global issues</b> Dr. med. Thomas Breitkreuz			<b>16:00 - 18:00</b> <b>Mistletoe therapy in research and practice</b> Dr. med. Gunver Kienle			
			<b>Rest</b>			

# TIMETABLE 2019 (week 4)

subject to change

MONDAY 10.06.2019	TUESDAY 11.06.2019	WEDNESDAY 12.06.2019	THURSDAY 13.06.2019	FRIDAY 14.06.2019	SATURDAY 15.06.2019	SUNDAY 16.06.2019
<b>8:00 - 10:00</b>						
<b>The Foundation of Anthroposophic Medicine</b> Dr. med. Armin Husemann and Prof. Dr. med. David Martin						
<b>10:00 - 10:30</b> Break						
<b>10:30 - 11:30</b> Investigating consciousness Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> Psychosomatic case Stephan Strauß & Boris Krause	<b>10:30 - 11:30</b> Research in Anthr. Medicine Dr. med. Jan Vagedes & Prof. Dr. med. David Martin	<b>10:30 - 11:30</b> Colloquium	<b>10:30 - 11:30</b> Medicinal plants Dr. med. Jan Vagedes	<b>09:00 - 13:00</b> Final morning together	
<b>11:45 - 13:00</b> Eurythmy therapy Pirkko Ollilainen			<b>11:45 - 13:00</b> Music Marco Bindelli	<b>11:45 - 13:00</b> Music Marco Bindelli		
<b>13:00 - 15:00</b> Lunch Break						
<b>15:00 - 15:50</b> Pediatric Eurythmy case Silvia van Ledden	<b>15:00 - 15:50</b> Pediatric case	<b>15:00 - 15:50</b> Psychosomatic case Stephan Strauß & Boris Krause	<b>15:00 - 15:50</b> Therapy case Doris Dofmeister-Popp & Miriam Keiml	<b>15:00 - 15:50</b> Therapy case Doris Dofmeister-Popp & Miriam Keiml	Travel home	
<b>16:00 - 18:00</b> Internal Medicine Dr. med. Matthias Girke						
					<b>Starting 19:00</b> Leaving Party	
Travel home						

# Lecturers

## **Marco Bindelli**

Choir director, head of of the Youth Seminar, Stuttgart

## **Dr. med. Thomas Breitzkreuz**

Senior Consultant at the Paracelsus Krankenhaus, IVAA, Hufelandgesellschaft, Eurocam

## **Philipp Busche**

Internist, Gastroenterology Senior physician at the clinic Arlesheim, Switzerland

## **Doris Dorfmeister-Popp**

Music therapist at the Filderklinik, also lecturing musictherapy to students and others, built up music therapy for chronical psychiatric patients

## **Dr. Ruth Dörfel**

Senior physician at the department of gynecology and obstetrics, specialization in Obstetrics at the Filderklinik

## **Dr. James Dyson**

Co-founder of the Park Attwood Clinic, faculty member of the Medical Section on Mental Health

## **Dr. med. Matthias Girke**

Internist, Endocrinology, Diabetology, former head doctor in the internal medicine department at Havelhöhe hospital, Berlin, future head of the medical section at the Goetheanum, Dornach, Switzerland

## **Dr. med. Michaela Glöckler**

Practice as child- and school doctor. Since 1988 head of the Medical Section at the Goetheanum, School of Spiritual Science, Dornach, Switzerland

## **Dr. Andreas Goyert**

Specialist in internal medicine at the Filderklinik

## **Rolf Heine**

Male nurse, Head of the International Forum for Anthroposophic Nursing

## **Prof. Dr. med. Peter Heusser**

Gerhard Kienle Chair for Medical Theory, Integrative and Anthroposophic Medicine, University of Witten-Hardecke

## **Prof. Dr. med. Roman Huber**

Head of the University Centre for Complementary Medicine, University Freiburg i. Breisgau

## **Dr. med. Armin Husemann**

General physician, Director of Eugen Kolisko Academy

# Lecturers

## Miriam Kaiml

Music therapist at the Filderklink

## Dr. med. Gunver Kienle

Co-founder of and senior research scientist at the Institute for Applied Epistemology and Medical Methodology in Freiburg, Germany. Member of the Commission C for Anthroposophic Medicinal Products at the Federal Institute for Drugs and Medical Devices, in Bonn, Germany

## Boris Krause

Specialist in psychiatry, psychotherapy and psychosomatic medicine. Lead Physician of Psychosomatic Department Filderklinik

## Dr. med. Markus Krüger

Lead physician of the Pediatrics Department of the Filderklinik

## Sylvia van Ledden

Eurythmy therapist at the Filderklinik

## Dr. phil. Serge Maintier

Speech therapist, artist and researcher

## Prof. Dr. med. David Martin

Specialist for Pediatric and Adolescent Medicine, endocrinologist, diabetologist, oncologist and hematologist, senior consultant at the Filderklinik, Adjunct Professor of Pediatrics at the Tübingen University, Director of the Clinical Foundation Course

## Hélène Martin

Co-Founder of Rhythmical Massage Trainings in England, China and Taiwan, practice in Colma, France

## Prof. Dr. Harald Matthes

Head of the Gemeinschaftskrankenhaus and Forschungs-institute Havelhöhe, Hufelandgesellschaft, Professor of Anthroposophic and Integrative Medicine at the Humboldt University, Charité, Berlin

## Dr. med. Harald Merckens

Internist, gastroenterology, Lead Physician of the internal department at the Filderklinik, board member of the Eugen-Kolisko-Academy



# Lecturers

## **Pirkko Ollilainen**

Eurythmy therapist at the Filderklinik

## **Dr. med. Maurice Orange**

Speciality Doctor of Oncology, Clinical Lead Oncological Day Centre, Klinik Arlesheim, Switzerland

## **Dr. med. Till Reckert**

Pediatrician in a joint practice in Reutlingen. Deputy Chairman of the Baden-Württemberg State Professional Association of Paediatricians (BVKJ) and state press secretary

## **Dr. med. Karl-Heinz Ruckgaber**

Head of Child and adolescent psychiatrist and at the Filderklinik, own practice and Head Physician of the Gutenhalde Social Therapy Institute.

## **Prof. Dr. med. Dipl. Biol. Christoph Schempp**

Specialist in skin and venereal diseases in Freiburg, head of the research center "skinitia!" at the university clinic Freiburg

## **Dr. med. Silke Schwarz**

Kindergarten and school doctor, doctor for anthroposophic medicine (GAÄD), head of the medical and educational consultancy KINDgerecht

## **Prof. Dr. med. Peter Selg**

Specialist in Child and Adolescent Psychiatry, Head of the Ita Wegman Institute, Arlesheim, Author

## **Georg Soldner**

Specialist for Pediatric and Adolescent Medicine, Munich, Director of the Academy Anthroposophic medicine at the Society of Anthroposophic Physicians in Germany (GAÄD), future Deputy Head of the Medical Section at the Goetheanum, Dornach, Switzerland

## **Dr. med. Tobias Sprenger**

With a team of physicians, healers and alternative practitioners he is the medical lead of the holistic treatment center VillaVita, which is devoted to salutogenesis.

## **Stephan Strauß**

Consultant for Psychiatry and Psychotherapy at the Filderklinik

## **Dr. med. Jan Vagades**

Specialist in Pediatrics, Founder and Research Director of ARCIM Recherche Institute at the Filderklinik

## **Evelyn Warnet**

Eurythmy Therapy Ambulance at the Filderklinik, therapy in kindergarten and old people's home, teaching in adult education institutes

# Accomodation and costs

**Participation fee  
for doctors**  
1.500 Euro / year

**Participation fee  
for students**  
900 Euro / year

The following fees cover 4 weeks of tuition per year including all excursions in the program.

The Clinical Foundation Course costs are higher than the income generated by the participation fees. If you are in position to contribute the “real-costs-fee” of 4.000 Euro / year or make any other contribution we would be very grateful.

## Deposit

A deposit of 100,00 Euro (non-returnable) is required for enrollment.

## Instalments

The fee can be paid in instalments. Further concessions e.g. for students and special arrangements are negotiable.

Please contact Prof. Dr. med. David Martin ([info@kolisko-academy.org](mailto:info@kolisko-academy.org))

## Lunch

Lunch will be available from the buffet at the reduced Filderklink employee rate beweeeten 2,00 Euro and 5,00 Euro (depending on your choice of dishes).

## Assistance

We will be glad to assist you in finding a place to live. Bed and breakfast can be arranged at a friendly rate (approximatly 30 – 90 Euro / night) but is not included. Families in the surrounding area have offered to accomodate participants.

Please contact Petra Drammeh ([info@kolisko-academy.org](mailto:info@kolisko-academy.org))

## Bank account:

Eugen-Kolisko-Akademie e.V. Filderstadt  
Kreissparkasse Esslingen  
IBAN: DE41 6115 0020 0008 2669 01  
BIC: ESSLDE66XXX

The students are responsible for traveling organization and costs.

# Scholarships

Depending on need there will be partial scholarships available. However, since we will be attracting students from all over the world, including students from third world countries our possibilities to offer financial aid will be limited.

If you need financial support to be able to take part in the Clinical Foundation Course, please include this request in your application with a detailed description of your financial situation. Please state clearly which parts of the costs you can carry and for which parts you would need a loan or scholarship. You are also encouraged to seek financial support from your local institutions.

# Accreditation

## Conventional accreditation

International accreditation will be solicited from the European Accreditation Council for Continuing Medical Education (EACCME) to provide CME for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), therefore its credits are recognized by the Deutsche Ärztesgesellschaft. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity. Through an agreement between the European Union of Medical Specialists and the American Medical Association, physicians may convert EACCME credits to an equivalent number of AMA PRA Category 1 Credits™.

## Anthroposophic accreditation

The Clinical Foundation Course is a recognized structured training course, leading to the certificate anthroposophic medicine (GAÄD) and Medical Section at the Goetheanum. (In Germany, Anthroposophic physicians can add the "Anthroposophic Medicine (GAÄD)" certification to their title and practice address if they have in addition to their conventional medical education and training qualified in anthroposophic medicine. Requirements and training paths are described in the recognition order for anthroposophic doctors. After participation in structured training courses, mentored practice time, the presentation of three self-treated patient histories and a successful recognition conversation, the certificate "Anthroposophic Medicine GAÄD" is awarded with the International certificate of the medical section at the Goetheanum.)

# Application

## Requirements

The Clinical Foundation Course is intended for doctors and medical students. Exceptions can be made for other medical professions on demand.

## Language knowledge

You will need to be able to read and understand the course texts in **English** and to clearly follow and understand the discussions in the courses and seminars. In the course of your studies it would be expected that you could also take an active part in discussions as well. On the traditional language proficiency scales a level of at least B2 would be expected.

We may consider offering a simultaneous translation into **Spanish** if we have many applicants who only speak Spanish.

## How to apply?

For Application please fill in the online application form or use the PDF-Document on the Eugen-Kolisko-Academy Website ([www.kolisko-academy.org](http://www.kolisko-academy.org)), and send it back per Email to Petra Drammeh ([info@kolisko-academy.org](mailto:info@kolisko-academy.org)) or fax (0049/711/77 74 85).

*Please attach the following documents:*

- ✓ chronological curriculum vitae
- ✓ letter stating your motivation for applying to the Clinical Foundation Course
- ✓ certified copies of degrees and diplomas in English
- ✓ 2 passport photos

**Please note:** Depending on the country, it may be necessary to get a visa beforehand in your own country. Under some circumstances it may take several months to arrange this. We can write a letter of invitation if needed.

# Cooperation partners

## **Medical Section at the Goetheanum**

[www.medsektion-goetheanum.org](http://www.medsektion-goetheanum.org)

## **German Physicians Society of Anthroposophic Medicine** (Gesellschaft Anthroposophische Ärzte Deutschland, GAÄD)

[www.gaed.de](http://www.gaed.de)

## **ARCIM** - Academic Research in

Anthroposophic Medicine

[www.arcim-institute.de](http://www.arcim-institute.de)

## **The British Postgraduate Training in Anthroposophic Medicine**

[www.anthroposophic-drs-training.org](http://www.anthroposophic-drs-training.org)

## **Physician's Association for Anthroposophic Medicine (USA)**

[www.paam.net](http://www.paam.net)

## **Campus A, Stuttgart**

[www.campusa.de](http://www.campusa.de)

## **AnthroMed**

[www.anthromed.de](http://www.anthromed.de)

## **Verband Anthroposophischer Kliniken e.V.**

[www.anthro-kliniken.de](http://www.anthro-kliniken.de)

## **Chair of Theory of Medicine, Integrative and Anthroposophic Medicine University of Witten/Herdecke**

[www.uni-wh.de](http://www.uni-wh.de)

## **University of Tübingen**

[www.uni-tuebingen.de](http://www.uni-tuebingen.de)

## **Teaching Hospitals:**

Filderklinik

[www.filderklinik.de](http://www.filderklinik.de)

Öschelbronn

[www.klinik-oeschelbronn.de](http://www.klinik-oeschelbronn.de)

Paracelsus Unterlengenhart

[www.paracelsus-stiftung.de](http://www.paracelsus-stiftung.de)

Klinik Arlesheim

[www.klinik-arlesheim.ch](http://www.klinik-arlesheim.ch)

## **Teaching practices**

## **Producers of Anthroposophic Medicininal Products:**

Wala, Weleda, Abnoba, Birkan AG



# Quotes from students about the Kolisko Academy courses.

*"It was so much more than anthroposophy and medicine in theory - I could experience it, live it. It was extremely motivating for the future."*

*"It was very valuable to experience that there are ways of learning through which you can learn a lot and thereby be enlivened in such a way that what you learn reaches deeper layers of your being."*

*"I am returning to my university exam preparation with renewed strength and enthusiasm"*

*"There are courses that enrich the rest of your life, where you meet people with whom you feel connected and share the same enthusiasm for becoming more human and a better doctor."*

*"Man, know thyself - this course taught me how to approach this delphic maxim in a way that involves both heart and brain."*

# Imprint

## Address:

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Germany

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**Internet:** [www.kolisko-academy.org](http://www.kolisko-academy.org)

**Email:** [info@kolisko-academy.org](mailto:info@kolisko-academy.org)



## Organizer:

### **Eugen-Kolisko-Akademie e.V.**

Director: Dr. med. Armin Husemann

Director of the Clinical Foundation Course: Prof. Dr. med. David Martin

Course coordinator: Petra Drammeh

Board members: Dr. med. Armin Husemann, Dr. med. René Madeleyn,  
Dr. med. Harald Merckens

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## **The Eugen-Kolisko-Academy is very grateful for support from:**

Christophorus-Stiftung | Stuttgart

Förderverein Eugen-Kolisko-Akademie e.V. | Stuttgart

Dr. Hauschka Stiftung | Bad Boll-Eckwälden

Hausserstiftung e.V. | Stuttgart

Firma HELIXOR Heilmittel GmbH & Co KG | Rosenfeld

Mahle-Stiftung | Stuttgart

Software AG-Stiftung | Darmstadt

Firma WALA Heilmittel GmbH | Bad Boll-Eckwälden

Firma WELEDA AG Arzneimittel und Körperpflege | Schwäbisch Gmünd

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Wladyslaw Sojka ([www.sojka.photo](http://www.sojka.photo)), Wikipedia, Alexandra Moskovchuk, Private



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