

WHAT IS ANTHROPOSOPHIC MEDICINE?

Anthroposophic medicine (AM) is a comprehensive, integrative approach practiced by fully trained health professionals in hospitals, outpatient clinics and private practices worldwide. It represents a best practice example of Integrative Medicine as defined by the Academic Consortium for Integrative Medicine and Health (www.imconsortium.org).

AM is based on a methodology that develops the observation and contemplative skills of the individual practitioner. Schooling in this methodology is an integral part of the week.

The IPMT is a concentrated training week and the timetable is intensive. It includes lectures, workshops, small group and individual work.

Each professional stream's focus includes:

- - Understanding the human being in health and illness
- - Integrating body, soul and spirit in diagnosis & therapy
- - Meeting the patient therapeutically
- - Deepening observational skills

This year we welcome Dr Matthias Girke as the IPMT keynote speaker and leader of the faculty.

The timetable and workshop descriptions will be available from early 2017 on the Australian Anthroposophic Medical Association's website.

<http://www.aamaanthro.com/> or you can contact the registrar.

Participation in the week is open to those health professionals who have either qualified in a registered field of practice or are on a specific path of training.

The week can serve as part of the pathway to certification as an anthroposophic health professional. For more information see: <https://www.medsektion-goetheanum.org/en/home/ikam/>

IPMT 2017 BRISBANE

For further information: simon.bednarek@gmail.com

For registrations: lpmt2017@weledatrust.org.nz

2017 PROGRAMME

Day 1 Wednesday July 12 2017

3pm Registration

5pm Welcome and Introduction to the week

6pm Dinner

7.45pm Evening Lecture Series- Dr Matthias Girke

Days 2-7 Thursday July 13 - Tuesday 18 July

8.15 - 9.00 Eurythmy

9.00 - 10.30 Goethean Observation Exercises

10.30 - 11.00 Break

11.00 - 12.15 Text Study/Small Group Work

12.15 - 14.15 Midday Break

14.15 - 15.45 Anthroposophic Medicine in Practice Afternoon Workshop I

Choose one stream for the week. It is important to read the workshop description sheet that accompanies this flyer for more details.

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- The Esoteric Foundations of Professional Life

- How Can We Work Together to Create Successful Communities

- Therapeutic Eurythmy

- Aboriginal Spirituality and Healing in Relationship to Anthroposophy

- Nutrition as Therapeutic Support and Preventative Medicine

- Anthroposophic Nursing in Practice

15.45 - 16.15 Break

16.15 - 17.45 Anthro Med in Practice Workshop II

Choose one stream for the week. **See note above.**

- Clinical Sessions: From Diagnosis to Therapy and Medicines

- Brain Physiology: Cosmic Architecture

- The Riddle of Human Movement

- Therapeutic Education and Social Therapy

- Home Nursing

17.45 - 19.00 Evening Break

19.00 - 19.45 Singing and Review of the Day

19.45 Evening Lecture

Day 8 Wednesday July 19

8.30 - 11.00 See above

11.00 - 12.15 Closing and distribution of certificates

12.15 Lunch



IPMT 2017 Brisbane Anthroposophic Medicine and Therapy Training Week

12 - 19 July 2017

Emmanuel College,
University of Queensland, Brisbane, Australia

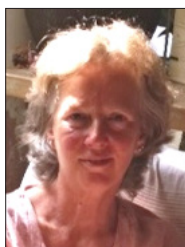
FACULTY



Dr Matthias Girke MD is the co-leader of the Medical Section at the Goetheanum Switzerland and director of Internal Medicine at Havelhöhe Hospital in Berlin; he has a special interest in oncology and endocrinology. Matthias's highly anticipated textbook *Internal Medicine Foundations and Therapeutic Concepts of Anthroposophic Medicine* has recently been translated into English. His evening lecture series will focus on Understanding the Fundamental Principles of Disease in Anthroposophic Medicine.



Irmhild Kleinhenz ND PGrDip IM PGrAM has worked out of the inspiration of anthroposophy for over 30 years as the foundation of her integrative medical practice and consultancy in Melbourne. Irmhild lectures widely and leads the Australian prescriber's training in anthroposophic medicine for allied health professionals.



Ptries Orange DipEuTh, Dip Coun is a eurythmy therapist with an independent practice in NSW as well as a busy international teaching schedule. She has been on the faculty of eurythmy therapy trainings in the UK and NZ. Ptries brings over 25 years of medical/therapy experience working in a diversity of workplaces from hospitals and clinics through to independent practice to the IPMT.



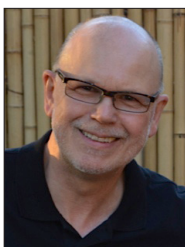
Michael Kokinos BPhysio MMgt leads a busy physiotherapy practice along with his health promotion work within Steiner schools, special education settings and projects within indigenous communities. Michael spearheads the group working to integrate the Australian 'Bodywork' professionals under the umbrella of anthroposophic medicine and therapy. In 2015 Michael was awarded the qualification Anthroposophic Physiotherapist.



Lisa Devine BBeSc(Hons) MCoun has integrated her background and trainings in counselling, youth work, priesthood and eurythmy therapy into her professional life as a counsellor and priest. Lisa is a counsellor/chaplain at several schools in the Sydney area as well as a community leader. She is a faculty member of the Sydney Rudolf Steiner College. Alongside her busy counselling practice, Lisa is developing and implementing programmes for at risk young people suffering from self harm and eating disorders.



Miliwanga 'Mili' Sandy is an Elder of the Rembarrnga people from Central Arnhem. Mili lives the life of teacher, artist and healer. She is one of the leaders in the Banatjarl Strongbala Wumin Grup and helped in their development of a Family Resource and Healing Centre to maintain and strengthen Aboriginal communities and improve their living standards. As part of the Centre they created a Bush Medicine Garden to preserve native healing plants and teach their usage to the wider community.



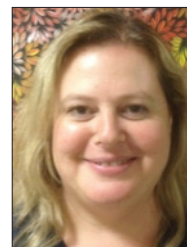
Dr Ernst de Jong MD AMEC MDAPsych Cert Child Psych worked as a GP with an interest in Anthro Med in the Netherlands and Sydney before specializing in Psychiatry in 1986. Ernst currently practices psychiatry in Perth WA with a special interest in ADHD and PTSD.



Dr Lakshmi Prasanna MD worked for 25 years as a hospital paediatrician along with founding a children's hospital and a school for special need's children in Hyderabad India. From her base in Noosa, Lakshmi travels extensively as a lecturer, school doctor and teacher trainer. Her work focuses on ways to create healthy communities and thereby support the development of healthy children.



Dr Simon Bednarek MBBS FRACGP is the coordinator of the AU/NZ medical section work for the Goetheanum alongside his work as a busy general practitioner in Byron Bay NSW. Along with his medical work, Simon is involved in organisational development and leadership building, an interest that grew through his experiences developing a successful franchise of health care centres during his years in NZ.



Kate West RN has worked for 17 years in various settings. She has done training as an Anthroposophic Nurse in Germany and Australia and is currently undertaking further study to become an Anthroposophic Nurse Specialist.



The conference takes place at Emmanuel College, a residential college of the University of Queensland. The College is part of the university's Santa Lucia campus and adjacent to the Brisbane River on Sir William MacGregor Drive.

Transportation to the College can be organised by taxi, water taxi (City Cat), shuttle or public transport.

The accommodation is in single rooms with shared bathroom facilities. Bedding and towels are provided. The College has upgraded its wifi system since it hosted the IPMT in 2015. The College will cater our meals and teas. Gluten free and vegetarian meals are available.