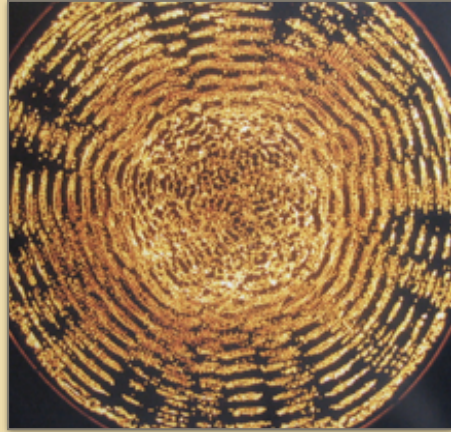


An Introduction to Therapeutic Singing

January 2019 – Melbourne & Perth

A three day workshop to explore the power of the voice
to activate self-healing.



Sound frequencies made visible in water – Photo A. Lauterwasser

Facilitator Stefanie Aurig (Germany) is a singer, therapeutic singing practitioner and music therapist, who also runs a four year training in Therapeutic Singing.

www.ich-klang.de

Melbourne 11-13 January

Melbourne Rudolf Steiner School
Warranwood

Contact Michaela 0408 814 094
michaela.e.murphy@hotmail.com

Perth 18-20 January

Solaris Cancer Care, Cottesloe
www.theharpstudio.com.au
Contact Shamarra 0410 386 292

shamarra@theharpstudio.com.au

**Therapeutic singing supports inner balance of the whole human being
at a physical, emotional & spiritual level**

Based on the 'School of Uncovering the Voice'

Developed by Valborg Werbeck-Svärdström in collaboration with Rudolf Steiner

- Work holistically to strengthen & 'liberate' your voice
- Experience the intrinsic healing qualities of vowels, consonants and musical phenomena
- Explore mindful movement & voice exercises for attentive listening and deepened, relaxed breathing
- Easy to learn songs and exercises which lead to artistic singing
- No experience necessary – all are welcome!

3 Day Workshop

9am – 5pm

Early Bird rate \$300 (before 1 December)

Standard rate \$450

Individual Sessions available \$80

Free Public Talks at 7pm

Melbourne 10 January

Perth 17 January

Supported by the Anthroposophical Society in Australia
www.anthroposophyau.org.au