



Dr Matthias Girke will lead the 2019 anthroposophic medical and therapy training conference taking place at Victoria University Wellington's Kelburn campus from Wednesday February 13-Sunday February 17. The conference focus is The Nature of Pain and its Therapeutic Challenge. Matthias is one of the founders and senior physician at the anthroposophic hospital Havelhöhe in Berlin. He is the author of major textbooks on anthroposophic medicine in the specialty fields of Internal Medicine (recently translated into English) and Geriatrics.

Dr Robert Fitger consultant neurologist from Klinik Arlesheim Switzerland will also join the faculty group. Robert has extensive experience with brain injury and rehabilitation and with specialty interest in diseases of the spine, back pain and the peripheral nerves. His latest research is with the use of PET for diagnosis and treatment planning of metastatic malignant melanoma.

Anthroposophic Medicine is an integrative approach to treatment that extends and enhances health outcomes by looking outside of isolated symptoms towards a more holistic conception of health. Its framework includes physical, psychological and spiritual health, as well as the impact of a person's environment and social context. The conference focuses on using this targeted multi-dimensional approach for both acute and chronic pain using supportive therapies and medicinal substances beyond those offered through the opioid, NSAID, or analgesic groups commonly prescribed. The conference is supported by the Australian Anthroposophic Medicine Association and the International Federation of Anthroposophic Medical Associations.

We invite registered medical/therapy professionals with an interest in the possibilities of anthroposophic medicine to attend. Through the expertise and experience of our faculty we aim to attract practitioners from the wider body of integrative health professionals wanting to explore this integrative approach. Because of the outreach nature of the conference, participation is also possible on a more limited sessional basis for those unable to attend the entire conference. Please contact Mary Green [mgreen@weledatrust.org.nz](mailto:mgreen@weledatrust.org.nz) to register your interest and discuss a tailored timetable. More information is also available on the Weleda Trust's Facebook page or the AAMA's website [www.aamaanthro.com](http://www.aamaanthro.com) under Latest News.

The conference's evening lecture series takes place from Wednesday-Saturday at 7:30 pm and is open to the public. The topic of the first evening's talk is Therapeutic Accompaniment of Those Who are Dying. The following three nights will delve into The Dynamics of Healing, Self-Awareness, Self-development and the Inner Path. The talks take place in Cotton Lecture Theatre 122 which is in the main classroom building running along Kelburn Parade behind Gate 8. The building is where the student hub and library are also located. Parking is available after 5:30 pm. The talks cost \$25 per night.